

Support
Our Island
Businesses
**SHOP AND
DINE LOCAL**

Island Sun

PRSR STD
U.S. POSTAGE
PAID
FT MYERS, FL
PERMIT #5718

Postal Customer
ECRWSS

VOL. 27, NO. 48

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MAY 29, 2020

MAY/JUNE SUNRISE/SUNSET: 29 6:36 • 8:15 30 6:36 • 8:16 31 6:36 • 8:16 1 6:36 • 8:17 2 6:35 • 8:17 3 6:35 • 8:18 4 6:35 • 8:18



RED DRUM
SCIAENOPS OCELLATUS

Educators will offer a variety of activities over Zoom

photo provided

Registration Open For Sea School Virtual Camps

For the month of June, Sanibel Sea School is going virtual. To ensure the safety of staff, campers and the island community, there will be no in-person camps in June.

Virtual options will include four,

week-long "Island Skillz" camps with themes featuring Sea Turtles, Dolphins, Manatees and Sharks. Camp will be offered for youth ages 6 to 13, Monday through Friday from 10 to 11 a.m.

Sanibel Sea School educators will offer camp activities over Zoom – games, scavenger hunts, drawing tutorials and marine science education. "We're excited to still be able to engage with our campers through Zoom in a meaningful way," said

continued on page 10

Sanibel Library Reopens Monday



Melissa Balthaser prepares the New Fiction section for circulation

photo provided

Sanibel Public Library users will once again have the opportunity to browse bookshelves, use computers, read magazines and connect to WiFi as the library reopens to the public at 9 a.m. on Monday, June 1.

Phase I reopening precautions are in place to help protect staff and patrons from COVID-19. For this phase, patrons will have to maintain social distance inside the building and are encouraged

continued on page 22



Twelve-day-old snowy plover chick

photos by Audrey Albrecht

Plover Chicks On The Beaches

The count window for the Florida Fish and Wildlife Conservation Commission's (FWC) Florida Shorebird Survey was May 13 to 19.

Sanibel-Captiva Conservation Foundation (SCCF) Shorebird Biologist Audrey Albrecht and Sanibel Sea School Educator Kealy McNeal surveyed the entire shore of both Sanibel and Captiva islands to locate new nests and colonies, while checking on the status of existing ones and looking for shorebird chicks.



Banded common tern E62

May and June represent the peak of nesting season in Florida. Shorebird chicks are present at most colonies by June. The 12-day-old snowy plover (*Charadrius nivosus*) pictured was photographed by Albrecht on May 19.

"In addition to the breeding birds, we count all shorebirds as part of our

year-round shorebird monitoring efforts," Albrecht said.

On May 15, Albrecht and McNeal found a banded common tern (*Sterna hirundo*) with an alphanumeric band reading "E62." It was banded as a chick in Maryland in 2017 by the United States

continued on page 6



JERRY'S HAS EVERYTHING YOU NEED!

Groceries • Wine & Spirits • Restaurant
 Gifts • Beach Necessities • Ice Cream
 Art • Full-Service Organic Spa

Nanny's
 Children Shop

H2O Outfitters

Footloose

Sanibel Surf Shop

Spatini Teabar, Organic
 Spa & Hair Lounge

Sanibel Spirits

Love Boat Ice Cream

Sanybel's Finest Art
 and Collectables

Visit our collection
 of live parrots in
 the courtyard!



Explore The Outdoors At Nature Camp

The Children's Education Center of the Islands (CECI) is gearing up for its Nature Summer Camp programs. Weekly camp themes include Cooking With Nature, Hands on Habitat and Critter Camp.

During Hands on Habitat week, June 15 to 19, campers will unearh all the layers of the Gopher Tortoise Trail as they search under rocks and logs looking for animal habitats. Campers will learn how to build habitats using natural materials.

In an effort to incorporate sustainability and care for the Earth, CECI is requesting that community members drop off any empty milk jugs, cans and paper towel rolls for campers to repurpose into animal habitats. They will be using these items to engineer bird houses and bug hotels. There will be a drop-off box on CECI's brightly colored "Muench Bench" right outside of the school building.

Camps are offered June 8 through



Preschoolers hanging around, pre-social distancing photo provided

July 31 for children ages 1 through 5. The CECI team is implementing new procedures and protocols due to COVID-19. They are taking all of the necessary precautions to keep children, families and staff safe during this time.

Signups are available online at www.childrenseducationcenter.com/register. Or call 472-4538 for more information.*

Sanibel School To Hold Virtual Talent Show

The Sanibel School will be holding a virtual talent show this year.

When schools were closed for the remainder of the school year across the state of Florida, all planned activities had to be canceled at The Sanibel School, including the traditional in-person talent show on the last day of school. However, talent show director Joey Giangreco and assistant director Edna Dykhuizen are excited to be able to bring the talent show to everyone virtually this year.

This year's talent show will feature 22 acts, made up of students from kindergarten through eighth grade. It will feature students singing, playing instruments, doing magic and showing off their special skills. All acts were created, performed and filmed by the students and their families.

The talent show will have an intermission "brain break" performance by members of Jennifer Hall's third grade class. It will also feature Seahorse Chorale, The Sanibel School middle school choir,

The Sanibel School Presents



Virtual Talent Show 2020

Featuring Performances By:

- | | |
|------------------|--------------------------------------|
| Sophie Allen | Kellan Hall |
| Simon Allison | DJ Jenkins |
| David Baker | Olivia Knutfield |
| Drew Barron | Jack Longesthagen |
| Genie McKinney | Charles & Grant Maddell |
| Logan Block | Natalie Sampson |
| Dean Broadwater | Josh & Kai Schwartz and Brooks Selby |
| Grace Campanella | Bryan Selby |
| Ava Composito | Danylo Zacharievich |
| Keeva Clark | Maria Zacharievich |
| Tegan Clark | |
| Katie Dunn | |

With Special Performances By:
 Seahorse Chorale
 Mrs. Hall's 3rd Grade Class

Available To Watch - Monday, June 1st, 2020
 Released On The Sanibel School Website
 (<https://sbl.leeschools.net/>)

image provided

presenting a virtual choir performance of the piece Oye by Jim Papoulis as the grand finale.

The virtual talent show will be released on Monday, June 1 via The Sanibel School website at <https://sbl.leeschools.net/>.*

Island Winds Coiffures

HAIR SALON FOR WOMEN & MEN

Manicures and Pedicures by Lois
 Hair Styling



LINDA • MARISA • LILY • JEANNE



695 Tarpon Bay Road, Sanibel
 239-472-2591

www.jerrysfoods.com

1700 Periwinkle Way • Sanibel Island, FL 33957
 Phone: (239) 472-9300

Islander Finds A Smile Behind Every Mask

by Kathy Kurtz Ferrari

Hal Miller has always been a people person. The longtime Captiva resident is famous for his wit and entertaining stories, so being in quarantine has been a little more of a challenge for him.

"I'm a hugging person. I miss the idea of contact," Miller said recently by phone from his northern seasonal home in St. Louis, where he and his wife Susan have been since the end of March.

But the 78-year-old Miller, always the optimist, has found a reason to smile, even while wearing a mask.

"The part that I miss the most about masks is, everybody looks the same," Miller said. "You don't see any emotion. It's really hard to show joy with just your eyes.

"So I thought, you know what? I'm going to make a mask with a smile on it."

Lying in bed one night, he contemplated and came up with an idea to take a selfie of his smile. It took several tries to get the right angle, but he was finally able to get the perfect shot. He then cropped and printed the photo using photo paper on his home printer, and taped it on his mask.

Friends have been encouraging him to market and mass produce the idea, and he did look into it a little bit.

"Interestingly enough, there is a site that sells them, but doing a mask of a person's face was like the 20th choice they had. I thought that was so odd," he added. "But I'm not going to try to set up a business."

It's enough for him to get satisfaction from people's reactions.

"We had a couple gatherings of about six people – we were doing social distancing – and I wore it. Of course, they were not surprised. I have a reputation," he admitted with what likely was a wink at the other end of the phone.

Adding to his repertoire of antics, he even appeared on the local St. Louis NBC affiliate KSDK newscast recently wearing the mask. The station asked viewers to send images of how they were getting through the pandemic and Miller decided to send in a photo of himself wearing the mask. The news anchors shared an on-air chuckle.

"Maybe that was a little self-promotion," Miller said with his own chortle. "But it wasn't so much self-promotion, as it was I just like seeing people's faces when they saw that. That's just the way I am."

One would think that's the end of the story, but wearing a mask is vitally important for Miller these days. One year ago, he was diagnosed with a rare form of pancreatic cancer from a neuroendocrine tumor. During initial treatment, he was also diagnosed with acute myeloid leukemia, which had nothing to do with the tumor.

After months of anxiety, blood draws and doctors appointments in the



Hal Miller missed seeing people smile during the pandemic so he designed a mask using his own smile photo provided

St. Louis area, it was determined the leukemia is treatable, not curable, and is being managed with chemotherapy treatments one week per month. He also receives a monthly injection to treat the pancreatic tumor. He was able to have treatments in Fort Myers this past winter.

The cancers are being held at bay with this current regimen, and in December he learned the leukemia was in remission and the tumor on his pancreas hadn't grown since being diagnosed.

As his doctors have discovered, Miller is in great physical shape, which most likely has supported his positive prognosis. He is an avid biker and can often be found in full biking gear, riding the roads and bike trail around the islands.

Currently in St. Louis, he has been biking 15 miles a day, and since January, he has logged over 1,200 miles.

"I, too, am amazed. My 78-year-old body continues to accept the challenge," he said by text recently.

A man of strong faith, he believes in miracles, as a February post on a blog site he uses to post updates on his health journey, explained: "One doesn't know how long it will last and that doesn't matter, because every day is a blessing."✧

American Legion Opening Soon

American Legion Post 123 will reopen soon as a non-smoking facility. However, smokers can use Timmy's Nook, the historic venue outside. Veterans and the public are welcome.

Veterans and their immediate families are invited to join Post 123, Sons of the American Legion or American Legion Auxiliary.

Post 123 is located at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✧





beautiful life®

by KAY CASPERSON

spa • salon • boutique



massage • facials • nails • hair • makeup

ENJOY 20% OFF
on services and products

**FEEL REFRESHED, RENEWED
AND REVITALIZED!**

**Call one of our locations to book
your appointment!**



KAY
CASPERSON
beautiful life.
refine
exfoliant
3.4 FL OZ / 100ML

FREE Refine Exfoliant
w/ a service, or a product
purchase of \$50 or more.

SMOOTH, SOFTEN AND POLISH YOUR SKIN!

* Cannot be combined with any other discounts or offers. Valid in-store or online. Not valid on Kits.

Skincare • Cosmetics • Hair+Body Care
Vitamins • Essential Oils • Candles
Home Accessories • Jewelry • Apparel



CAPTIVA
CHADWICK'S SQUARE
14830 Captiva Drive
239-579-1470

captivaspa@kaycasperson.com



SANIBEL
SUNDIAL RESORT
1451 Middle Gulf Drive
239-395-6002

sundialspa@kaycasperson.com

SHOP + CONNECT WITH US ONLINE

KAYCASPERSON.COM









Miss Charlotta's Tea Room
Sanibel Historical Museum And Village

photo courtesy Sanibel Historical Museum and Village

Looking Back: Miss Charlotta's Tea Room

This bayfront building was built by the Bailey family to be the island's first gas station. After the storm of 1926, the newly built structure temporarily became the home of Bailey's General Store until the new store was completed nearby in 1927. (This is the store currently in the Sanibel Historical Village.) Miss Charlotta's Tea Room opened soon after to serve ferry travelers with



refreshments and light fare. The tea room closed when the Kinsey ferry docks were moved near the lighthouse property. It then served as a private home for various families before coming to the Sanibel Historical Village.

Learn more about the history of Sanibel at the Sanibel Historical Museum and Village, located at 950 Dunlop Road. The village and museum are closed temporarily.

Regular hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit www.sanibelmuseum.org or call 472-4648.*

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday night sabbath services and Saturday morning classes are provided by Zoom, www.Batyam.org and our Facebook. Rabbi Stephen Fuchs, President Michael Hochschild, 917-561-7888. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST

The Christian Science Church of Sanibel-Captiva has suspended all services and events until further notice. The church Reading Room will also be closed. 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

As a precaution, all Sanibel Community Church on-campus events are postponed until further notice. The church is expecting

its new pastor, Jeramie Rinne, this summer. View our Sunday Devotional at www.sanibelchurch.com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Livestream service at 10 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Alan Kelmereit, Priest-in-Charge Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Prayer and Potluck 1st Wednesdays 6 p.m., Taizé Service 3rd Wednesdays 6 p.m.

www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.*



**OPEN DAILY
6AM-6PM**

*Jerry's Café Open Daily: 7am-8:30pm
Jerry's Foods Open Daily: 6am-10pm*



Located on Casa Ybel and Periwinkle Way



We Are Open!
By appointment
only; please
call to make an
appointment

Your patience is greatly appreciated at this time

2248 Periwinkle Way by the Sanibel Bean

www.SanibelBeautySalon.com • (239) 472-1111 • SanBeautys@aol.com



naturebrackets.com
info@naturebrackets.com

New Designs Available at
Forever Green Ace Hardware
2025 Periwinkle Way • Sanibel, FL

For a Full Mailbox
call Dave at
(239) 454-1001



OBITUARY



JOHN L. RUSHWORTH SR.

John (Jack) L. Rushworth Sr. passed away peacefully on May 20, 2020 at Hope Hospice in Fort Myers. Born in Porthcawl, Wales, Jack joined the Royal Air Force at the age of 17. During World War II, he was stationed in England, Scotland, Norway, France, Egypt, India and Germany before being honorably discharged in 1945. After the war, he attended London Burrough College for hospitality management and accounting.

Seeking adventure, Jack traveled by steamer ship to the United States to visit relatives in Pennsylvania. In 1954, Jack made his way to Sanibel Island after being hired as the assistant

manager at Casa Ybel Cottages. He met his wife-to-be, Milbrey Buck Jenkins, in January of 1955. They married in September of that same year and raised three children on Sanibel. Jack and Milbrey co-managed Casa Ybel, The Gulf View Inn on Captiva, and hotels in England and Tobago before settling at the Island Inn on Sanibel in the early 1960s.

He became a U.S. citizen in the bicentennial year of 1976. Jack took up gardening after his retirement in 1991. His fruits and vegetables were hot commodities among neighbors, friends and family. Birding became an avid hobby which led Jack to become a volunteer at "Ding" Darling National Wildlife Refuge as a docent and rover for many years. He also volunteered at the Sanibel Historical Museum and Village as part of the Hammerhead crew. He and Milbrey were regulars in the congregation at St. Michael & All Angels Episcopal Church.

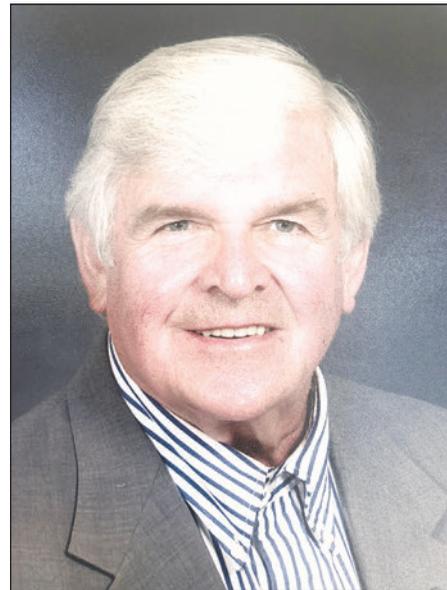
In death, Jack follows his wife Milbrey, who passed in 2006, as well as his brother Joseph and his sister Joan. He is survived by his three children; Merrell, John Jr., Jennifer and daughter-in-law Carol Rushworth. Jack is also survived by his three grandchildren; Lindsay, Scott and John (Jack) Rushworth III, and his sister, Ann Zacarria.

Jack was a wonderful father and grandfather. He will be sorely missed by all. May he rest in peace in the light of the Lord.

A memorial service will be held in the future when it is safe to have a gathering. In lieu of flowers, memorial donations may be made in his memory

to "Ding" Darling Wildlife Society or St. Michael & All Angels Episcopal Church on Sanibel. Visit www.kiserfh.com for an online memorial.✽

OBITUARY



RONALD J. DOWNEY

Ronald James Downey, a longtime resident of Sanibel Island, Florida, passed away peacefully at Gull Point Memory Care in Estero, Florida on May 20. He was 85 years old. Ronn was born in Harrisburg, Pennsylvania

on April 3, 1935. The son of James and Sarah Downey, Ronn was raised in Harrisburg and graduated from Gettysburg College.

Ronn worked as a plant engineer at ABL in Cumberland, Maryland until 1968. He was transferred to Terre Haute, Indiana and continued his career at Hercules Corporation.

Ronn is survived by his wife of 50 years, Joan; four daughters, Kathleen Downey of Granada Hills, California, Kristin McConnell of Amarillo, Texas, Mary Downey (Mimi) of Fort Myers, Florida and Constance Clancy of Sanibel Island and Snowmass, Colorado; and nine grandchildren.

Joan and Ronn spent much of Ronn's career living in Montreal, Canada, Brazil, South America and Kennett Square, Pennsylvania before retiring and settling on Sanibel Island where Ronn was active in the Sanibel-Captiva Orchid Society and Sanibel-Captiva Sail and Power Squadron.

A celebration of life is scheduled for the fall at Saint Michael and All Angels Episcopal Church on Sanibel.

The family requests that in lieu of flowers, contributions be sent to the Alzheimer's Foundation and Hope Hospice.✽

We Are Open On The East End!

Absolutely The Best Homemade Ice Cream On Island!

Please Support Our Business



Shielded for your protection

Open Daily 11 a.m. - 8 p.m. • 362 Periwinkle Way • 239-476-0796 • www.SanibelsBestHomemadeIceCream.com

Please like us on [Facebook](#), [Instagram](#) and [Twitter](#)

Cautious Summer Boating Helps Save Manatees

While there have been reports of manatees and other wildlife thriving in areas they are not normally seen due to stay-at-home orders, Save the Manatee Club urges boaters to follow manatee-safe boating tips as they return to their favorite pastime.

During the summer, manatees can be found in fresh, brackish and salt water throughout Florida and their seasonal range in Alabama, Georgia, South Carolina and other coastal states. They may have entered areas that are new to them as boat traffic lessened during recent restrictions. With this in mind, boaters must keep a watchful eye.

Unfortunately, last year, a new record was set for watercraft-related manatee mortalities. At least 136 individual manatee deaths were confirmed as a result of watercraft impact, crushing, propeller wounds, or any combination of these. Those that do survive strikes may require rescue by wildlife officials and several months of rehabilitation. In addition, some injured manatees may never be reported and must live with painful injuries.

Because manatees are herbivores and have no natural predators, they are generally slow-moving, having never developed hunting or defensive skills. They also need to surface to breathe air

and prefer shallow water where they feed on aquatic vegetation. "Research shows that manatees have been documented in particular areas to feed, rest or travel," said Patrick Rose, aquatic biologist and executive director of Save the Manatee Club. "This is why it is imperative to boat slowly in these designated manatee protection areas, and to obey all posted speed zones. Sadly, due to high-speed boating, most living manatees bear the scars from past boating encounters, reminding us that they have been within just an inch of losing their lives."

Report injured, dead, orphaned, beached, entangled or sick manatees, or manatees being harassed, by calling 1-888-404-FWCC (3922), emailing or texting tip@myfwc.com, or using VHF Channel 16. For more information, visit www.savethemanatee.org/rescue.

Wear polarized sunglasses to help see below the water's surface, and look for manatees' snouts, backs, tails, flippers and "footprints," or circles on the surface created when the manatee swims.

If you encounter a manatee, cut your motor, maintain a safe distance and do not feed it or give it water from a hose, as this can alter manatees' natural behavior and put them in danger.

Read more tips and watch the video *Boat Safely With Manatees* at www.savethemanatee.org/boatsafely.

"Boaters can be the greatest stewards for manatees, and we appreciate their watchfulness," said Rose. "Reducing the risk of boat-related injuries or deaths helps protect imperiled manatees now and for future generations." ✨

OBITUARY



JANE BANCROFT CLARK

Jane Bancroft Clark, known to friends as Janie, passed away in her home surrounded by family on May 11, 2020. A 15-year resident of Sanibel Island, Florida, she was born and raised in Rochester, New York and was a former resident of Richmond, Virginia.

She had many interests over the years but her greatest love was being a mother and a homemaker. She was intensely devoted to her kids and spent countless hours with them in their pursuits.

Always curious, she loved to learn and had hobbies including cooking, needlepoint, glass-fusing, kayaking and knitting. Activities that also brought her

great joy were strolling on the beach, collecting shells, working in her botanically rich yard, and just being on Sanibel, a place she dearly loved.

She is survived by her husband of 46 years, John, and five children, Robey, Wylie (Penni), Liz (Arthur), Perry (Annalisa), and Catherine, and her six grandchildren, Christina, Katelyn, Sonya, Adam, Venetia and Athan. She is also survived by her sisters, Carol and Lisa.

Thanks to Hope Hospice, she died comfortably in her bed in the house she loved and put so much effort into. She was in touch with all her kids just before passing.

Please share remembrances and condolences at <https://www.gatheringus.com/memorial/jane-b-clark/3701>. ✨

From page 1

Plover Chicks

Geological Survey (USGS).

Albrecht reported these nesting plovers: two active snowy plover nests with three broods of chicks; one pair of Wilson's plover (*Charadrius wilsonia*) looking to re-nest after crows ate the first nest; one pair of Wilson's plover with one chick and one egg that never hatched, as well as a second chick that was possibly taken by a crow.

Albrecht was surprised to find a single least tern (*Sternula antillarum*) pair with a new nest at Bowman's Beach after a first round of nesting failed due to crows. A second pair was seen copulating on May 19. There are an extra 20 least terns hanging around, but many of them are young birds who are not of breeding age. ✨

Bailey's

Groceries • Hardware • Gifts



Serving Sanibel and Captiva Since 1899

ALSO SERVING YOU IN 2 OTHER LOCATIONS

The Island Store

11500 Andy Rosse Lane, Captiva
(temporarily closed for remodeling)

Bailey's Marketplace at Sundial

1451 Middle Gulf Dr, Sanibel
(temporarily closed)

2477 Periwinkle Way • Sanibel, Florida • 239-558-0548 • baileys-sanibel.com • OPEN 7 DAYS 7 AM - 7 PM (due to COVID)

THE ISLAND'S ORIGINAL SHOPPING experience

Whether you're visiting, vacationing or an island resident, Bailey's is an island tradition.

Eating fresh, delicious meals at home is easy with help from Bailey's Deli featuring Dietz & Watson premium meats & artisan cheeses. You'll discover a variety of custom items, including made-to-order subs & sandwiches, assorted deli salads, as well as restaurant quality hot foods for breakfast, lunch and dinner. Order online for even more convenience!



- Fresh Meats, Seafood & Produce
- **IN-HOUSE BAKERY & DELI**
- Organic & Gluten Free Products
- Catering Service & Fine Wines
- **SHOPPING & DELIVERY SERVICE**
- Coffee Bar with Daily Specials
- Gifts & General Merchandise
- Full-service Hardware

ENJOY BEER & WINE IN-STORE WHILE YOU SHOP AT OUR COFFEE SHOP!



Nature Near You participants crafted animal tracks with natural materials to help them learn about the different sizes and shapes of tracks photo provided

Nature Near You Courses Offered Through June

submitted by Nicole Finnicum

The eighth week of Nature Near You, Sanibel Sea School's e-newsletter, featured signs of backyard animal activity.

Through emails delivered at 9 a.m. on Monday, Wednesday and Friday, Nature Near You participants learned about signs animals leave behind in the environment. The traces animals leave behind give scientists and backyard biologists clues on how animals are interacting with their environment. Things like tracks, scat and leftover food can key us in on what specific species have been exploring our backyards with us.

On Monday, participants learned all about animal tracking, or about the footprints that animals leave behind from walking, hopping or slithering. Like our fingerprints, animals leave behind unique tracks that allow scientists and naturalists to identify what species have been present in an area. Observing the shape of the tracks, the number of toes and even the shape of the claw marks are all key indicators of species. We created an animal tracking matching game to learn all of the most common tracks found in backyards across the United States. Then, we encouraged participants to get out into their own backyards to see if they could recognize any of the tracks they learned.

Wednesday's issue included more information on the unique "signs" that animals may leave behind. One of the signs that naturalists use is scat, which is another word for animal droppings. By observing scat, we can locate traces of what the animal has previously eaten, giving us a clue as to what animal left the scat. This might not sound like the most glamorous form of animal tracking, but is a great way for

us to understand what an animal's diet is like, what species are in a local area and where animals are marking their territories.

On Friday, Marine Science Educator Sam Nowinski shared a fun way to get creative with animal tracking. Shared via Sanibel Sea School's YouTube Channel, Nowinski challenged us to go out in nature to get inspiration for creating our own animal tracks at home. She showed us how to mimic different tracks using just a piece of paper, some leaves and stones that can be found in most of our backyards. Using these materials, Nowinski created hooved tracks and even more complicated bear tracks. This activity was a great way to become more familiar with the different shapes of tracks, learning how many toes different animals have.

Sometimes when we step into our backyards or any natural space, we might be disappointed when we can't observe wildlife at first glance. But that doesn't mean that the wildlife isn't there – it is important to remember that many animals are nocturnal or crepuscular and are not as active during our waking hours.

With the skills that we learned this week, we can investigate the signs of animal presence using tracks, scat, feathers, or even things like partially gnawed on food. We'd like to challenge all of you to explore your backyards for signs of animal activity and let us know what you find.

Nature Near You will continue through June and be delivered via email. If you are interested in joining the mailing list, email info@sanibelseaschool.org. If you missed out on an issue of Nature Near You, all of the content can be accessed at www.sanibelseaschool.org/nature-near-you.

Nature Near You is Sanibel Sea School's offering to the community. If you would like to support our efforts, visit www.sanibelseaschool.org/support-the-cause or email for more information.✧



HONOR YOUR GRADUATE

Graduation is a big deal; the culmination of hard work and beginning of a new chapter in life. With traditional festivities in doubt, do something special for your graduate.

SEAHOLM® automatic watches are built for life. The quality and craftsmanship of SEAHOLM® watches rival the finest watches in the world but they are durable enough for any situation...from the outdoors to the office to everyday life.

Adventure is the inevitable result of pursuing your passions. A SEAHOLM automatic watch is a trusted piece of equipment on the journey.

Congratulations to your graduate on a job well done and best wishes as they start their next adventure.



SEALIFE ◀ FASHION ◀ DIAMONDS ◀ ESTATE

Periwinkle Place Shops • Sanibel Island
239-472-4177 • CongressJewelers.com

Island Hotels And Motels Now Open With Limits

by Wendy McMullen

Sanibel City Council allowed hotels, motels and timeshares on the island to open up to 50 percent of their capacity at a meeting on May 21. These had previously been prohibited under an executive order from Florida Gov. Ron DeSantis.

This follows the State of Florida and Lee County's opening up of vacation rentals to visitors. Travelers from the so called "hotspot" states and overseas visitors are still prohibited. The designated hotspot states are currently New York, New Jersey, Connecticut and Louisiana but that may change. The definition of a hotspot is one with more than 700 cases per 100,000 population as indicated in the Centers for Disease Control (CDC) tracking site.

The county plan does not exclude Miami-Dade, Broward and Palm Beach counties where the number of COVID-19 cases is above the threshold of 700 cases per 100,000 population.

"It's measured by the state itself, not the particular area, because if you applied that language to Miami-Dade, they clearly would fail, but since their base criteria is the state, we don't have the luxury of picking and choosing," said Mayor Kevin Ruane. "New York's not coming, Florida is able to come because the rest of Florida is much lower than those three counties."

The State of Florida and Lee County stipulated that all motels and hotels must allow enough time between rentals to ensure that all surfaces are cleaned and sanitized and that the CDC safety protocols in regard to pools, gyms and other common areas are publicly displayed in the buildings. With regard to visitors to other types of rentals such as condominiums and homes, and to owners of condominiums and homes, anyone coming from hotspots states must stay quarantined for two weeks.

Sanibel City Council urged all places

of public accommodations be required to follow the new guidelines regarding sanitation, protection and social distancing put out by the Sanibel and Captiva Islands Chamber of Commerce.

"The chamber of commerce is going to great lengths to disseminate their guidelines so I'm very supportive of that," said Vice Mayor Mick Denham.*

Restaurant And Retail Open At 50 Percent

by Wendy McMullen

Restaurants are now permitted to operate up to 50 percent of their indoor capacity. In addition, the city has issued authorization for additional outdoor seating. The city requires all businesses to strictly adhere to the CDC guidelines regarding face coverings, emphasizing in particular those involving food service.

Retail stores may now operate up to 50 percent of their capacity and hair salons and gyms may now open if they follow the recommended safety measures recommended by the CDC and the chamber of commerce.*

City Requires Following CDC Guidelines

by Wendy McMullen

Council restated the requirement that employees working in places of public accommodation wear masks in accordance with the CDC requirements.

"If you cannot properly social distance, then you should be wearing a mask," said Councilman Richard Johnson.

"If a patron comes in, I think that has to be the establishment's protocol. There are places that don't allow people to come into their stores unless they wear a mask and that should be

their right," said Councilwoman Holly Smith, advocating mandating masks for employees. "I think an employee in an establishment should have to wear a mask for the safety of themselves, their families and the community."

"I don't know how we're going to enforce it," said Mayor Kevin Ruane, adding that demanding that people wear masks in places like a gym could lead to health problems and maybe even to lawsuits.

"As we know, anyone can sue anyone for anything," said City Attorney John Agnew, advising the council that any business can demand that customers wear a mask just as they can demand that they wear a shirt and shoes.

All council members agreed that masks were not necessary outdoors.*

Beach Parking Remains Closed Until June 1

by Wendy McMullen

City-owned beach parking remains closed even though the Causeway Islands and Bowman's and Turner beaches are open, which are all owned by Lee County. These beaches have been crowded with beachgoers each weekend since.

The valuable "A" sticker for residents will remain as the only beach parking allowed.*

Public Comment Seen But Not Heard

by Wendy McMullen

After several weeks of council meetings in which public comment ran into hours, culminating with the prospect of a six-hour public comment session at their last meeting, Sanibel City Council decided to put all comment on the web

as a link to the agenda but not to read it aloud.

Public comment for items not on the agenda and for each agenda item is still allowed for people attending the meeting.

People wishing to comment should send an email to City Clerk Pamela Smith at pamela.smith@mysanibel.com.*

Rec Center Reopening To Be Discussed

by Wendy McMullen

City Manager Judie Zimomra said that she anticipated a plan to reopen the Sanibel Recreation Center would be presented at the next city council meeting.

"What's interesting is that the swimmers think we should open just the pool and the weight room people think we should open just the weight room, and the tennis people feel strongly we should open just the tennis and the people needing day care feel we should just open the youth program," said Zimomra commenting on the large number of emails regarding the recreation center reopening.

Zimomra reported that Sanibel Recreation Center Director Patricia "Trish" Phillips would return on the Tuesday after Memorial Day and that the three employees who had been reassigned to other jobs within the city would start working on the rec center facility reopening. Zimomra said that one of the factors to be considered is the cost involved and commented that the most expensive of the rec center's programs is the children's summer program.

"There is no money in the revised budget for the rec center," Mayor Kevin Ruane reminded the council. "The sooner we open, the more money we will have to take from the sinking fund."

Lee County has provided personal protection equipment specifically for the youth program.*

Email editorial copy to: press@islandnews.com

Independently Owned And Operated
COPYRIGHT 2020 Island Sun
LORKEN Publications, Inc.



NEWSPAPER
Sanibel & Captiva Islands

Read Us Online: www.IslandSunNews.com

The Islands of
SANIBEL & CAPTIVA
CHAMBER OF COMMERCE



USPS 18: Bulk Rate permit paid for at Sanibel, FL, 33957.

Postmaster: Send change of address to Island Sun,
1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.

Published every Friday for the people and visitors of Sanibel and Captiva Islands.

Distribution: 8,000 - 10,000 per week (seasonal).

Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150 one year, six months \$75 (Allow 3-5 days for delivery).

Prices include state sales tax. Send subscription requests to:
Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.

The Island Sun will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213; or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. FAX number: 239-395-2299.

Email: press@islandnews.com, Email: ads@islandnews.com

The Island Sun reserves the right to refuse, alter or edit any editorial or advertisement.

Publisher

Lorin Arundel

Accounting

Mike Terry

Advertising

Bob Petcher

Graphic Arts & Production

Ann Ziehl, Manager
Amanda Hartman
Justin Wilder

Reporters

Jeff Lysiak
Kathy Kurtz Ferrari
Wendy McMullen
Brian Johnson

Contributing Writers

Leah Biery	Craig R. Hersch
Kay Casperson	Dr. Jose H. Leal, PhD
Constance Clancy, EdD	Kealy McNeal
Suzy Cohen	Capt. Matt Mitchell
Linda Coin	Trinette Nelson
Cindy Carter DeCosta	Howard Prager
Marcia Feeney	Geri Reaves PhD
Katie Frederic	Angela Larson Roehl
Shelley Greggs	Hannah Star Rogers
Jarred Harris	J. Brendan Ryan, CLU,
Marion Hauser, MS, RD	ChFC, MSFS
Ross Hauser, MD	Di Saggau
Bryan Hayes	Jeanie Tinch

PRINTED ON
RECYCLED PAPER

TAHITIAN GARDENS

1975-2019 PERIWINKLE WAY

Adventures In Paradise
 Cedar Chest Fine Jewelry
 Cheeburger Cheeburger 
 C. Turtles
 Pandora's Box
 Pandora's Box Too
 Paper Fig Kitchen 
 Royal Shell Real Estate
 Royal Shell Vacations
 Sanibel Cafe 
 Sanibel Resort Wear
 Sanibel Sole
 Shiny Objects
 Synergy Sportswear
 Wilford & Lee Home Decor

THE VILLAGE SHOPS

2340 PERIWINKLE WAY

Tribeca Hair Salon
 t2 Traders 
 Watson MacRae Gallery
 Why Knot

OLD SANIBEL SHOPPES

630 TARPON BAY ROAD

Amy's Something Special
 Island Paws
 jb designs
 On Island
 Over Easy Cafe 
 Sanibel Art & Frame
 Suncatcher's Dream

TOWN CENTER

2496 PALM RIDGE ROAD

Subway® 
 The Pecking Order 



SHOP ON SANIBEL

Come for the beaches...
 discover the shopping!

An upscale ambiance at four distinctive Centers.
 You'll find boutique shopping, family dining, personal services,
 as well as, vacation and real estate information.

Now open at
 The Village Shops



Tahitian
GARDENS
 1975-2019 Periwinkle Way

The
VILLAGE SHOPS
 2340 Periwinkle Way

Town
CENTER
 2496 Palm Ridge Road

Olde
SANIBEL SHOPPES
 630 Tarpon Bay Road



For individual shop information:

www.ShopOnSanibel.com





Tampa mock vervain is endemic to Florida and listed as an endangered species

photo by Gerri Reaves

Plant Smart Tampa Mock Veravain

by Gerri Reaves

Tampa mock vervain (*Glandularia tampensis*) is in a particular category of native species, endemic, which means it grows naturally no other place on earth.

The wildflower is also listed as an endangered species by the state. Reasons for that dire status are loss of habitat to

development and agriculture.

Native to the state's coastal areas, this member of the verbena family grows in hammocks where live oaks and cabbage palm predominate and in pine flatwoods, coastal dunes and disturbed areas.

A short-lived perennial, it takes a sprawling form, growing to only about two feet high.

Include it in a wildflower garden, where it will attract butterflies, or use it as a groundcover or border.

Purple-blue tubular flowers appear in flat clusters about an inch to an inch and a half wide. The five petals are notched at the tips

Flowers bloom throughout the year but mainly in spring.

The lance-shaped leaves are up to three inches long and opposite on the four-sided branching stems.

The edges are coarsely toothed and the tip broadly pointed. The leaf bases narrow to form wings on the leaf stalk.

Papery in texture, they have dark green surfaces and lighter undersides.

Give it full sun to partial shade in sandy

well-drained soil. It is somewhat drought tolerant once established and is moderately to highly salt tolerant.

Propagate it with seeds or cuttings or by clump division. It sometimes self-sows, and it grows well in pots.

Sources: *Gardening for Florida's Butterflies* by Pamela F. Traas, *A Gardener's Guide to Florida's Native*

Plants by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *Wildflowers of Florida Field Guide* by Jaret C. Daniels and Stan Tekiela, www.fnai.org, www.fnps.org, <https://grec.ifas.ufl.edu>, and www.usbg.gov.

Plant Smart explores the diverse flora of South Florida.✳

FISH Providing Weekend Food For Children

FISH of SanCap battles food insecurity from all angles through a variety of meal programs including its food pantry, Meals-by-FISH hot meal delivery, and for the youngest neighbors, the Backpack Program. According to a Feeding America study, over 26,400 children in Lee County are considered food insecure, meaning they do not have access to enough affordable and nutritious food. The FISH of SanCap Backpack Program is designed to battle childhood hunger by providing weekend food and extra snacks for children throughout the year, including summer and school breaks.

"COVID has put an additional strain on food insecure families that rely on meals provided by their children's schools – it's an extra two meals per day, per child they've become responsible for," said Alicia Tighe, FISH executive director. "The Kiwanis Club of Sanibel and Captiva has been incredible in providing FISH with emergency funding for our kids backpack program. Thanks to Kiwanis, we are now providing extra food in the backpacks as well as providing ingredients and recipe cards for a meal that families can cook together that is fresh, healthy and kid-friendly."

FISH is monitoring ongoing policy and economic discussions at the state and local levels to proactively modify programs, including food backpacks, to meet the changing needs of vulnerable clients. "Many of our clients missed out on the end of season where they make the bulk of their annual income. Typically, these meal



Backpack with food for the weekend

photo provided

programs are intended to be supplemental to household groceries, but we've realized that, due to COVID, these programs may be the vast majority of food brought into the home," said Tighe.

The FISH Backpack Program gives participating students non-perishable, nutritious foods that are easy to prepare, and great tasting, on a weekly basis. Parents can pick up the food bags at the FISH Walk-In Center located at 2430-B Periwinkle Way Monday through Friday between 10 a.m. and 3:45 p.m. The program is offered at no cost to participants. All backpacks contain protein, fruits and vegetables, snacks, milk, juice and occasionally enhanced with a sweet treat. FISH also includes organic and vegetarian choices.

For more information, contact Maria Espinoza, food program director, at 472-4775.✳



Breakfast, Lunch & Dinner & Later
Pizza & Wings • Ice Cream
Gluten Free Options
& So MUCH MORE!



WINNER
Best Pizza
Taste of the
Islands



BOAR'S HEAD
Dine In or Take Out
239-472-2555
www.sanibeldeli.com
2330 Palm Ridge Rd.
(Across from CVS)

EXPERIENCE: HUNDREDS OF SUCCESSFUL LANDSCAPES



300 Center Road, Fort Myers FL 33907
PHONE **239.939.9663** • FAX **239.939.8504**
www.NoLawn.com • www.AllNative.biz
OPEN DAILY: 9 to 5 Mon - Sat • 10 to 3 Sun



**OUR NURSERY FEATURES
OVER 200 SPECIES OF NATIVE
PLANTS ON SEVERAL ACRES**

- Butterfly Gardens ■
 - Wildlife/Bird Sanctuaries ■
- We also offer landscape design,
consultation, installation and maintenance.

From page 1

Virtual Camps

Education Programs Manager Shannon Stainken. "Our Island Skillz camps will have the same fun and learning as our regular camps and will be a great space for summer camaraderie for our campers."

For those families that cannot commit to a week-long option, there will be a series of sessions that campers can register for, ala carte, called Live, but Distant.

Live, but Distant will be offered twice daily during the week, and will be a one-hour session each. Sessions can be purchased with a one-month subscription for \$150 with unlimited access. Sessions will include knot tying, sea creature themed drawing, macramé and shell jewelry tutorials, and kitchen chemistry.

Sanibel Sea School will be making an announcement by June 15 whether or not it will offer in-person summer camps for July and August.

To register, visit www.sanibelseaschool.org/sanibel-camps or email info@sanibelseaschool.org.✳

City Clerk Earns International Honor

by Wendy McMullen

City Clerk Pamela Smith has been elected vice president of the International Institute of Municipal Clerks and will become the next president of this prestigious association.



Pamela Smith

"I want to recognize our city clerk, Pamela Smith, for that honor and distinction," said Councilman Richard Johnson. "I think it says a great deal for our city clerk and I think it also says a great deal about the City of Sanibel. This is an international organization, which now has a vice president from our city who will, in the following year, move into the presidential slot."

Smith was elected after a campaign that spanned from June last year to April this year. She has been with the city for 20 years.✪

Resident Needed For Pedestrian Committee

The City of Sanibel is seeking participation from a member of the public who lives on Sanibel and walks or bikes as a primary means of commuting to work.

The Bicycle Pedestrian Coordinating Committee (BPCC) includes citizens and local state agencies' staff responsible for bicycle and pedestrian planning for their respective agencies. The BPCC coordinates bicycle/pedestrian planning activities among these agencies and reviews funding for bicyclists and pedestrians in state and federal aid transportation projects. It also advises the Metropolitan Planning Organization (MPO) board about development of the bicycle/pedestrian element of its transportation plan and makes recommendations regarding funding for bicyclist/pedestrian projects in Florida Department of Transportation (FDOT) five-year work program.

Visit www.mysanibel.granicus.com/boards/w/be11f2a42bb2c585 to apply. Deadline for application is noon, Tuesday, June 30.

MPO also requires their application to be completed. Visit www.files.constantcontact.com/97af97e6001/39cda080-9d0a-4a22-a3d0-363fc2ddc42b.pdf to complete the application and email to pamela.smith@mysanibel.com.

To review the committee bylaws, visit www.files.constantcontact.com/97af97e6001/c4d05765-e38a-44b1-9ab3-3bb7d5ad831b.pdf.✪

home is HEALTH

our CHR mission

to provide affordable housing to individuals and families who work on or serve our islands

40

years of fulfilling dreams



COMMUNITY HOUSING and RESOURCES



CHR owns 74 rental properties in 11 locations that are leased at below market rental rates

Community Housing and Resources, CHR—through its mission to provide affordable housing to those who work and have served our island community—provides stability, a helping hand, peace of mind and health.

A stable affordable home is more important to the health and wellbeing of our community than ever before. During this pandemic, CHR has provided stability and peace of mind through rent and utility relief, check in emails and calls, gift card and mask distributions to those affected.



CHR is a 501(c)3 non-profit organization and we rely on community support from individuals and businesses. Donations are tax-deductible. We welcome both in-kind and cash donations.

Ad sponsored by Steve and Lena Brown

to learn more, visit SanibelCHR.org

2401 Library Way, Sanibel, FL 33957 | P 239.472.1189 | F 239.472.2695 | info@sanibelchr.org

Fun Family Shark Fishing



by Capt. Matt Mitchell

After a great week of fishing, Memorial Day weekend ended up being close to a washout. Conditions right up until the weekend gave anglers some of the most consistent tarpon action we have seen in weeks. Snook, redfish and trout action in and around the passes has also been going off with the annual snook spawn in full swing.

One of the less talked about and under appreciated fish we like to target are

sharks. Sharks come in a variety of sizes and species and can be caught almost all year long. From right off the beaches to the back water channels, sharks are abundant and just fun to catch. Deeper natural channels inside the passes and through the flats with currents are great places to get started.

When targeting sharks, my bait of choice is fresh mullet. I use medium heavy 30- to 50-pound spinning tackle that can hold a few hundred yards of line. Rig up with a 200-pound mono leader with crimps to attach a swivel at one end and a cut bait 12/0 circle hook at the other. When anchoring the boat for sharks, I use a float buoy on my anchor. If we hook into a large one, it's easy to give chase before they dump the spool.

For bait, large chunks or half a fresh mullet is my go-to. I cast these baits down current and simply put the rod in the holder. The key to catching these fish on a circle hook is to leave the rod in the holder until the fish swims off and the drag screams. Any fresh cut bait will work, though mullet is easy to get from my local commercial fishermen.

All summer, we do a lot of family fishing trips and kids just love to catch sharks. Many anglers have never done battle with any five- to six-foot long fish that fights so hard. Unlike tarpon fishing, catching multiple big fish on a trip is the norm. We catch a large variety of species including blacktips, lemons, bulls and spinners just to name a few.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.



Blacktip sharks are very common and one of the more sporty varieties to catch

photo provided

BOAT RENTALS
 Fishing • Cabbage Key
 Dolphin Watching
 Captains Available
472-5800
 Jensen's Marina
 Captiva Island

FLORIDA'S #1 SELLING INSECT REPELLENT

• Locally owned and operated
 • 100% natural ingredients
 • Smells great
 • Safe to use on kids
 • Works on pets & horses
 • Non-greasy or sticky formula
 • Repels mosquitoes & most biting insects

NOOOOoOo No-see-um™

Visit Our Website for Locations on Sanibel & Captiva Islands
WWW.NONOSEEUUM.COM

CLEAR YOUR GEAR™
 It Catches More Than Fish
 Cast carefully to avoid tangling tackle in mangroves

CLEAR YOUR GEAR™

CAPT. MATT MITCHELL

Light Tackle Sport Fishing
 Tarpon • Snook
 Redfish & More

C: (239) 340-8651
www.captmattmitchell.com
 email: captmattmitchell@aol.com



ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY - MARINER - JOHNSON - EVINRUDE
 SUZUKI - YAMAHA - OMC - I/O'S - MERCUISER

*Courteous Professional Marine Repair Service • Dockside Service
 Serving Sanibel & Captiva For Life*

472-3380 • 466-3344

Your Bottom Specialist
 Call on Paint Prices



CROW Case Of The Week:

Nine-Banded Armadillo Pups



by Bob Petcher

A nine-banded armadillo (*Dasypus novemcinctus*), the most common of armadillos, has nine armor-like plates covering its body. It may have more bands, but they are not as visible.

At CROW, four infant, male nine-banded armadillos were observed without their mother in North Fort Myers over a few days in early May. On May 5, three of the siblings were admitted to CROW. The following day, the fourth was captured and reunited with his brothers at the clinic. All four babies were dehydrated and emaciated, but did not have any injuries. They were provided with fluids and started on a re-feeding plan.

"Most of the infants we admit are too young to survive on their own. They usually come in alone or with one sibling, but this group got lucky and ended up all together," said CROW Rehabilitation Manager Breanna Frankel. "(Armadillo babies should be admitted) if they look thin, are acting lethargic, or if there's an obvious injury and they require further assistance. The majority of infants we admit aren't injured at all, just struggling to survive at such a young age. By calling our



Patients #20-1946, 20-1947, 20-1948 and 20-1967

photo by Breanna Frankel

hospital when you find any young animals, we can have them send us pictures and we will determine age, development and health status. This helps eliminates bringing patients to the hospital that don't require assistance."

Due to the patients' young age, their diet consisted of milk that was fed using tube feeds three times a day. As they began to grow, rehab staff transitioned them to a slurry of insectivore and gradually onto whole insects. Since admission, the armadillos have gained almost 200 grams of weight and have become active.

"As with all wild animals, we use a milk formula specific for each animal's need. There are various formulas and combinations of formulas used among wildlife rehabbers to ensure the

appropriate success," said Frankel. "There is more to feeding infant wildlife than offering a cup of warm milk. Wildlife should not be offered milk that wasn't meant for them such as goat's milk, cow's milk, or human milk, as they can't digest it appropriately, and it actually leads to further issues. We encourage finders to not feed a baby animal themselves, but to bring it to a local wildlife hospital to prevent further illness or injury.

"After five days in care, we started to offer them a slurry diet in a dish with soaked insectivore chow, but they didn't start eating it for about two days. At that point, they weren't eating enough to gain weight off it so they continued with milk feeds. We would put them in a dry bathtub on a mat a few times a day and offer the slurry and soaked chow so they could

mash it and lick it up. At this point, we also started offering soft insects with their food a couple times a day. After nine days in care, they were fully weaned off milk and eating enough slurry, chow and insects to successfully gain weight on their own."

On May 21, the four brothers were able to begin outdoor recess in which they were monitored by a staff member in an outdoor pen to practice digging and foraging skills. They will continue to receive supportive care until they are old enough for release back to the wild.

"Once they reach a certain size, they will be ready for release," said Frankel. "While their digging skills solidify very early on in life, we keep them until a certain size to ensure they have a higher chance for successful release. Being a little bigger means they are less likely to become prey for another animal and will have mastered other skills at the clinic."

The young armadillos will be returned to the area in which they were found.

"Regardless of what happened to the mother, these quadruplets were without her for a long enough time that they almost didn't make it themselves, so we are very pleased to see how much they have improved," said Frankel. "The release will likely not reunite them with their mother, but at that point they will be self-sufficient and have no need for her care."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

FRESH FARE



FUN DRINKS



Visit our award-winning newly remodeled restaurant and enjoy creative farm-to-table dishes, each carefully crafted with the freshest ingredients. And be sure to check out our new bar room addition featuring small plates and yummy drinks.

To learn more, visit cielo-sanibel.com

CIELO

1244 Periwinkle Way, Sanibel Island

Call 239-472-5555

Shell Of The Week

Disk Dosinia



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Last week, we examined the Elegant Dosinia, *Dosinia concentrica*.

Today, I want to introduce its closest relative, *Dosinia discus* (Reeve, 1850). The two species have shells that are very similar in size (about 2.75 to 3 inches), in their circular shape and white color, but the Disk Dosinia differs from its "sister species," above all, by having twice as many commarginal (concentric) ridges, about 16 to 20 per centimeter (40 to 48 per inch). Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell is open from 10 a.m. to 5 p.m. daily. Holiday hours are noon to 4 p.m. Safety measures have been put in place, and staff and visitors are required to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit www.shellmuseum.org.



The Disk Dosinia, *Dosinia discus*, from Sanibel

The Bailey-Matthews National Shell Museum is located at 3075

photo by José H. Leal

Sanibel-Captiva Road. For more information, call 395-2233.*

Limited Number Of Free Toll Transponders

A limited number of free LeeWay sticker transponders are available to allow motorists to open a LeeWay account or add a vehicle to an existing account.

The transponders are available while supplies last and are offered one per motorist.

By opening a LeeWay account, you could have the convenience of paying your tolls electronically throughout the State of Florida and have the ability to use dedicated toll lanes without waiting in line at attended booth lanes.

On March 18, the Lee Board of County Commissioners suspended cash payments on toll bridges in Lee County for the health and safety of the community. During this time, motorists without a transponder have been billed for the toll amount only with no administrative fees.

To obtain your free LeeWay sticker transponder and fund your new LeeWay prepaid account with a minimum of \$30, call 533-9297 Monday through Friday, 8:30 a.m. to 5:30 p.m. Have the following information available: name, current mailing address and phone number, drivers license number, valid email address, vehicle license plate number and vehicle description (year, make, model and color) and valid credit card.*



BEST BREASTS ON THE ISLAND

The Pecking Order Fried Chicken

DELIVERY . CATERING . TAKE OUT

2496 Palm Ridge Road, Sanibel

239.472.2534



WINNER:
BEST FRIED CHICKEN

WINNER:
BEST LUNCH

WINNER:
BEST BEACH FOOD TO GO

10% OFF FOR LOCALS



Voted "The Best Pizza on the Island" 2009-2018

Serving Sanibel Since 1977 • Eat In - Take Out • Free Local Delivery

TAKE OUT & DELIVERY!!!

(We have teamed up with our sister restaurant Sweet Melissa's for delivery)

Happy Hour EVERYDAY From 2-6 PM

Half Price Apps • \$6 Cheese Pizza (10")

BOGO Free On All Draft Beer & Wine

OPEN 7 DAYS 11 am - Closing

239-472-1581 & 239-472-1107

1619 Periwinkle Way, Sanibel, FL

Facebook: islandpizzasanibel

Instagram: Island_pizza_sanibel

THANK YOU TO OUR 2020 "DING" DARLING & DOC FORD'S TARPON TOURNAMENT SPONSORS



Although the 2020 tournament was postponed due to COVID-19, our loyal sponsors recognized the need to continually support conservation efforts through DDWS.

TITLE LEVEL SPONSOR



STARTING POSITION LEVEL SPONSOR



CHAMPION LEVEL SPONSORS



PREMIERE LEVEL SPONSOR



PRESENTING LEVEL SPONSORS



PLATINUM LEVEL SPONSORS



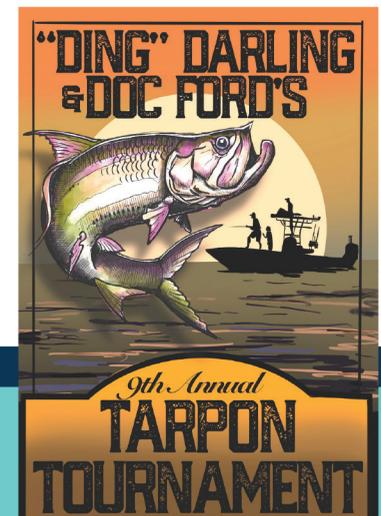
Captain Shawn Kelly Fishing Charters

GOLD LEVEL SPONSORS



SILVER LEVEL SPONSORS

Island Sand Paper
 Anisa Stewart Jewelry
 Semmer Electric
 Bonita Bills Waterfront Cafe
 Peter & Barb Rogers
 Island Sun
 Bailey's General Store

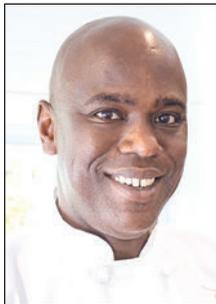


The 9th Annual "Ding" Darling & Doc Ford's Tarpon Tournament has been rescheduled for May 14, 2021.
www.dingdarlingsociety.org



The Community House

Capers



Italy and Spain are the largest producers of capers in the world.

There are different varieties of capers. The smallest variety comes from the South of France and they are called nonpareil capers. These capers are the size of a tiny pea and the most desirable of all capers. The largest variety of caper is called grusa capers. These capers are the size of a small olive and are stronger in flavor than nonpareil capers. Caper berries are larger than the largest caper and are a little bit larger than an olive. They contain tiny seeds like a kiwi fruit and have a cherry-like stem.

The caper contains powerful antioxidants, vitamins A and K, calcium, iron, sodium and copper. Ancient Romans and Greeks used the stems and roots of the caper bush to make herbal remedies for treating fibromyalgia or rheumatism.

Here is a simple to try:
Seafood Picatta Sauce

- 1/4 cup capers
- 1/2 cup seafood stock
- 2 tbsp. butter
- 3 sprigs fresh thyme
- Juice and zest of 2 lemons
- 1/2 bunch parsley (chopped)
- Salt and pepper to taste

Method
Place all the ingredients in a saucepan,

bring to a boil and reduce by half.

Remove from the heat and serve with grilled fish or shrimp.

Resident Chef Jarred Harris heads the Culinary Education Center at

The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.*

by Resident Chef Jarred Harris

Capers are the unripened flower buds of the caper bush, also called the Flinders rose. This plant produces flower buds that are edible and it also produces fruit, which are called caper berries. Caper berries are usually salted or pickled and have a very intense flavor similar to mustard, lemon and black pepper.

The caper is a member of the cabbage family and has been around since 2700 BC. The origin of the caper bush or Flinders rose is uncertain, however, the bush grows wild in most Mediterranean regions, Madagascar, East Africa and the Pacific Islands. California, Florida, France,

Place Orders Early For Virtual Wine Tasting

The team at Bailey's General Store is hosting a free wine tasting on Zoom on June 3. The Wine Wednesday Virtual Tasting will begin at 5 p.m.

"We all miss traveling, and when you can taste and learn about the best wine from a specific location, there's a feeling that you are transported, if only for an hour," said Calli Johnson, Bailey's wine steward. "Hosting events is something we enjoy and plan to continue even with the new safety challenges we face. I look forward to seeing our island wine lovers virtually on June 3rd."

The guest host will be Mike McCahill, market development manager for E&J Gallo Winery on the west coast of Florida.

The wines to be featured are from the Locations collection by Dave Phinney, *Wine Enthusiast* 2019 Winemaker of the Year. The two Locations wines will be CA, a California red blend, and NZ, a New Zealand white blend.

"Locations (is) based on a simple concept - make the best possible wine from a given country or location," according to www.locationswine.com.

"I am extremely excited to share my knowledge of some phenomenal wines



Calli Johnson photo provided

through this interactive tasting and anticipate that we are all going to want more than one bottle," said McCahill.

Bailey's is offering three different tasting packages to enhance the Zoom experience, which include NZ and CA wines, as well as a wine tote and tasting sheets. To preorder (prices vary from \$29.99 to \$69.99) and to get the Zoom link, email Johnson at cjohnson@baileys-sanibel.com by June 2.*

ALL LOCATIONS NOW TAKING RESERVATIONS

Indoor & Outdoor seating, Take-out or Curbside



Preorder your Sushi & Sashimi THURS-FRI-SAT

Lobster Night FRIDAY NIGHT ONLY

To preorder call 395-CRAB



Timbers - Limited Lunch Menu from Noon on!
Timbers Fish Market open at 11am • 2pm on Sundays
Sanibel Grill - Open at 4pm

239-472-3128 • 703 Tarpon Bay Road • www.TimbersOfSanibel.com

BUY ONE GET ONE

Dine-In Specials

MONDAY Spaghetti & Meatballs

TUESDAY Wood-Fired Pizza

OPEN

Indoor & Outdoor Seating

4:30 - 8:30



239-472-1998 | 1200 Periwinkle Way | www.Matzaluna.net
Vegan & Plant Based Options | Gluten Free Pasta

UDDERLY GREAT FOOD!



SOCIALLY DISTANCED

Indoor & Outdoor Seating

DINE HERE OR TO GO



CRAZY FULL LIQUOR TROPICAL DRINKS



2163 Periwinkle Way, Sanibel Island
239.472.0606 • SanibellIslandCow.com



Volunteers Back On Turtle Patrol

About 80 of sea turtle program volunteers for Sanibel-Captiva Conservation (SCCF) are back on daily rotation to patrol the beaches.

The City of Sanibel authorized on-island volunteers to resume monitoring while following specific safety guidelines. With an active and early sea turtle nesting season that started April 15, SCCF Coastal Wildlife Director Kelly Sloan is happy to have her team back in action.

"There's nothing that shows you the true value of volunteers like not having them," Sloan said. "It's a great relief to have them back. They do so much work for us."

From walking the beach in pairs looking for crawls, to staking and marking nests and doing data entry, the volunteers are an integral part of the sea turtle program.

When inviting the on-island volunteers back after more than a month of them sitting safer-at-home on the sidelines, Sloan made sure to emphasize that no one should feel any pressure to participate in these times of a global pandemic unless they felt safe and ready.

"The only people who regretfully didn't come back were the ones who live off island," she said. "Everyone who lives on the islands is back with us and we look forward to the time that those who live off island can return as well."

In an email to volunteers, Sloan listed these guidelines:

On-island volunteers can commence



Longtime volunteers, from left, Adam Sauerland and Sarah Lathrop, who are engaged to be married, and Irene Nolan

their turtle patrols on May 19 (excluding off-island volunteers for now).

We will use the same strict one-person-per-vehicle rule we are currently using with staff (unless two people live in the same household). We have strict disinfection protocols in place for all of our vehicles. We also enforce social distancing in all interactions.

Volunteers will not use or access the public beach parking (we will get in touch with you about alternate parking options).

Volunteers should all bring face masks with them in the event a member of the public approaches to ask questions.

"This has been a super exciting season so far and we're happy for you to experience it firsthand out on the beach," she added.

So far, there are 25 loggerhead nests and one leatherback nest on the east end of Sanibel, 78 loggerhead nests and two leatherback nests on the west end of Sanibel, and 36 loggerhead nests and one leatherback nest on Captiva. That's a total of 143 nests, which is above average for this time of year.

Do your part to help protect these turtles by following the guidelines at www.sccf.org/our-work/sea-turtles.

Report Violations Of Beach Wildlife Protection Rules

In response to "after-the-fact" reports of violations of beach wildlife protection regulations, City of Sanibel Police Chief William Dalton reminds the citizens of Sanibel: "If you see something, say something" and say something by calling the Sanibel Police at 472-3111. It is imperative you call at the time you witness the violation. Do not directly engage with violators.

Sanibel residents are encouraged to immediately report observed beach activity violations including, but not limited to:

Unleashed dogs: Sanibel's leash law mandates that all dogs on the beach must be on a leash no longer than eight feet in length.

People or pets entering or disturbing posted areas for shorebirds, sea turtles or other wildlife: It is illegal to disturb nesting shorebirds and sea turtles. Shorebirds and sea turtles are protected under city, state and federal laws.

Feeding or harassing wildlife.

Collecting live shells.

Trampling dune vegetation.

Violations of wildlife ordinances may be subject to city, state and/or federal fines and penalties and should be reported at the time they are witnessed. In any life-threatening emergency, dial 911.*



Sanibel Marina






"Dedicated to Yachting Excellence"

Gramma Dot's

SANIBEL THRILLER CRUISES



SEASIDE DINING

Taste of the Islands "People's Choice Award"
Winner Seven Continuous Years

Lunch & Dinner
472-8138

SANIBEL MARINA

634 N. Yachtsman Drive • www.sanibelmarina.com

- Sanibel and Captiva Islands' Most Exciting Boat Tour
- Circumnavigating Sanibel & Captiva Islands with Dolphins



239.472.2328 • www.sanibelthriller.com

Reservations are required • Also Available for Private Charters

Departing from Sanibel Marina
634 N. Yachtsman Dr. • Sanibel Island






Blue Crab Panini

photo courtesy Fresh From Florida



Blue Crab Panini

- 1 pound blue crab meat
- 1/2 Bell pepper, diced fine
- 1 stalk celery, diced fine
- 1/4 cup green onions, chopped
- 1/2 cup mayonnaise
- 1 tablespoon Dijon mustard
- 1 teaspoon lemon juice
- 1 teaspoon Worcestershire

2-3 tablespoons softened unsalted butter, for cooking
 Several dashes hot sauce (optional)
 1 tablespoon all-purpose seafood seasoning (your favorite)
 French bread (or your favorite)
 Combine all ingredients except for crab meat. Taste and adjust seasoning as needed. Gently fold in the crab meat, making sure not to break up any large pieces. Add 3/4 cup crab salad to each sandwich and spread the softened butter on both pieces of bread. Using a waffle iron, panini press, or sauté pan, grill until golden brown on both sides. Serve warm.*

SCCF Marine Lab Upgrades Water Quality Stations

Thanks to a collaborative project between Sanibel-Captiva Conservation Foundation (SCCF) Marine Lab and JN Darling National Wildlife Refuge, researchers from both organizations will soon have easier access to water quality data from the waters of the refuge.

“Even during the current pandemic, our two organizations have been able to work together to continue vital monitoring activities within the refuge,” said SCCF Marine Lab Research Assistant Kevin Jones.

The refuge maintains two remote water quality monitoring stations near Wildlife Drive, the scenic drive that traverses four miles of Sanibel’s backwaters and mangrove swamps.

When it was built in the 1970s, this drive cut across parts of the refuge’s backwater habitats, turning them into impoundments with the water level determined by adjustable water control structures underneath the road rather than natural tidal flushing.

“The goal of the water quality stations is to study the effects that this artificial control of the impoundment water levels might be having on water quality in the refuge,” said Jones.

While the refuge owns these two stations, it relies on the expertise of SCCF Marine Lab staff to keep them up and

running. Both stations use a YSI sonde, a compact device that measures multiple water quality parameters simultaneously.

The marine lab uses the same type of instruments for field sampling projects.

Data from the stations is transmitted by a cellular modem and over the last few weeks, Marine Lab Manager AJ Martignette and Jones have been working on installing new and improved data loggers at both sites. Using the old system, data was transmitted to a single computer in the wildlife refuge offices, making it difficult to access.

The new data loggers will broadcast data to a website where refuge and marine lab staff can view it at any time, even while working from home. One station is currently up and running on the new system, and the other station will be upgraded soon.

“While all of us at SCCF and the refuge are eager for the day when we can return to business as usual, we are grateful that technology like these water quality stations allows us to continue our research from home,” said Martignette.*



Marine lab sensor photo provided

FAST AND FRESH TO GO

To advertise call: 395-1213

Restaurant & Deli

Daily Lunch Specials • Salad Bar • Take-Out or Eat In • Breakfast • Lunch • Dinner
Open Daily 6 a.m. - 8:30 p.m.

CALL FOR
DAILY SPECIALS
472-9300

Store Hours 6 a.m. - 10 p.m.

FULL DELI, BAKERY
DAILY LUNCH SPECIALS
COLD BEVERAGES

Call us for your cookout, picnic and party needs. We'll take care of you!

Corner of Periwinkle Way & Tarpon Bay Road

472-1516

Breakfast, Lunch & Dinner & Later

10th Anniversary

Sanibel's Favorite Delicatessen

239-472-2555

www.sanibeldeli.com

2330 Palm Ridge Rd.
(Across from CVS)

Gluten Free Options

Pizza & Wings • Ice Cream & So MUCH MORE!

WINNER Best Pizza Taste of the Islands

The Pecking Order

Old-Fashioned Fried Chicken

Open Daily 11am to 8 or 9pm

239.472.2534

Take Out • Delivery • Catering

2496 Palm Ridge Road, Sanibel

Gramma Dot's

The Only Dockside Dining on Sanibel
Located at the Sanibel Marina
Specializing in Local Seafood

We also feature Petite & 10 oz. Filet Mignons

Dining Awards: 6 years running

472-8138

Gourmet Rendezvous TO-GO

Steaks, Seafood & Stews with a French Accent

\$3 Off Entrees To Go (Limited Time)

Menu Online at
www.bleurendezvous.com

Call or Text Order 239-565-1608

Pickup Tues-Sat 5-7pm
Hot & Ready or Cold to Reheat Later

2430 Periwinkle Way • www.bleurendezvous.com



Firefighters from Captiva Fire District work to extinguish a truck fire along Captiva Drive on May 22 photos by Kathy Kurtz Ferrari

Captiva First Responders Assist In Truck Fire

by Kathy Kurtz Ferrari

First responders on Captiva had an early start to a busy Memorial Day weekend. A small pickup truck carrying a Cape Coral family ignited while traveling on Captiva Drive around 2:15 p.m. on May 22, sending a plume of black smoke wafting into the air near the beach, about 100 yards north of Tween Waters Island Resort.

The driver, seeing the engine overheating, drove the truck off the road about 15 yards into the dunes along the beach.

"He was trying to get the truck onto the beach, because that's the safest thing to do in those situations," said Lee County Deputy Sheriff Chris Lusk.

The family of three was able to get out of the vehicle and stood nearby as Lee County deputies responded to the scene,

followed by firefighters from Captiva Fire District seconds later. Traffic was stopped in both directions along Captiva Drive.

The entire vehicle was quickly engulfed in flames and some of the dune grass caught on fire. Firefighters worked to extinguish the flames. The truck continued to smolder as firefighters doused the vehicle with water from the district's main engine for about 10 minutes. The district's fire boat also responded to the scene but was not needed, as the vehicle was closer to the road than the water.

According to Lusk, the family, which included a mother who was about eight months pregnant and a child of around 3 years old, had a military background and had recently moved to the area.

The entire contents of the truck, which included cell phones, was melted in the fire, so the family had no way to call anyone to help get them back to Cape Coral. Lusk transported the family to Sanibel where volunteers from FISH of SanCap helped them get home.

"Looks like it's going to be a busy weekend," Lusk said minutes after dropping the family off.*



Flames and black smoke rise from a truck fire along Captiva Drive as first responders arrive on the scene

S. ALBERT D. HANSER
FOUNDER AND CHAIRMAN

ONE MISSION

400 Florida Families
5 Florida Locations
\$2.5 Billion Assets
Under Management



Protect your personal balance sheet with a Family Office approach to Wealth Management.

Discover the difference.

TRUST & ESTATE SERVICES | INVESTMENT MANAGEMENT

THE
SANIBEL  CAPTIVA
TRUST COMPANY
PRIVATE WEALTH MANAGEMENT

2460 Palm Ridge Road | Sanibel, FL 33957
239.472.8300 | sancaptrustco.com

NOT FDIC INSURED | NOT GUARANTEED | MAY LOSE VALUE

Book Review

The Yellow Bird Sings



by Di Saggau

The *Yellow Bird Sings* by Jennifer Rosner takes place in Poland, as World War II rages. A mother hides in a neighbor's barn, with her 5-year-old daughter, a musical prodigy whose

slightest sound may cost them their lives. On the first page we read, "The girl is forbidden from making a sound, so the yellow bird sings. He sings whatever the girl composes in her head: high-pitched trills of piccolo; low-throated growls of contrabassoon. The bird chirps all the musical parts save percussion, because the barn rabbits obligingly thump their back feet like bass drums, like snares. The lines for violin and cello are the most elaborately composed. Rich and liquid-smooth, except when fear turns the notes gruff and choppy."

Shira and her mother, Roza, are Jews hiding in Henryk and Krystyna's barn. They were once patrons of Roza's family bakery, a family that has been slaughtered by the Nazis. Roza manages to keep Shira quiet by telling her stories of a young girl and a yellow bird that can voice all the musical passages in her head. It's a moving story about a mother and daughter's

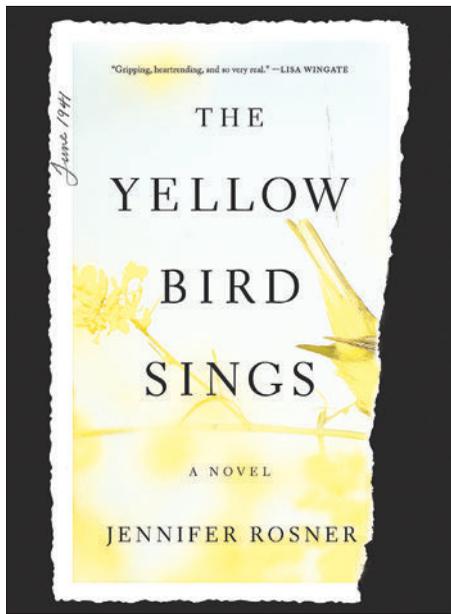


image provided

struggles to survive the Holocaust in 1941, when Poland is in the throes of war. Both are hidden under mounds of hay, hiding from the soldiers carousing nearby. They must stay silent and have only scraps of food for sustenance.

The day comes when their haven is no longer safe, and Roza must make an impossible choice: whether to keep Shira by her side or give her the chance to survive apart. Roza makes the decision to hide Shira in an orphanage in order to keep her safe. It's the hardest decision she has ever made, but she vows to come get her as soon as the Nazi's leave. This is when the tension begins, because we

follow both Roza and Shira as the years progress, and we feel their emotions. Rosner also has an understanding of how art plays a role in our lives, even during terrible times. It's impressive.

The Yellow Bird Sings is a breathtaking novel about the unbreakable bond between a mother and daughter. It's inspired by the true stories of Jewish

children hidden during World War II. I've been telling everyone I know to read it and hope you will too. Here's what author Lisa Wingate says about the book, "A beautiful book in so many ways. Like Shira's imaginary bird, Jennifer Rosner's prose is lilting and musical, yet her tale of war's grave personal reality is gripping, heartrending, and so very real."✧

School Smart



by Shelley M. Greggs, NCSF

Dear Readers, Here

we are, at last, the end of another school year. The last day of school, is always a special day. It's typically fun filled with class

parties and picnics, pizza and cupcake lunches, tearful and not so tearful goodbyes and that final report card. Your children (and you) have made it through another school year, with this one being particularly difficult. It's a time to celebrate! It's time to take a break at least for a few days and applaud your child's achievements and passage to a new grade.

This year, however, with the closure of schools due to COVID-19, there will not be an actual school room for that final day, but there still will be the last day of school. Here are some great ideas from Katy Mann, a family activity

blogger, to help you mark this occasion.

Make sure to take that last day of school photo – It's even more important this year. Take a picture of your child with some of the more inspired projects and/or activities you've worked on since you've been home. It will make for good memories later on.

Kick off summer vacation right now with an epic water fight – Use water squirt guns, baby pools, the slip n' slide or even the garden hose. If you are really brave, add in some cans of inexpensive shaving cream for added action.

Create a special evening celebration – Set up your tents and sleeping bags and spend the night in your backyard. Have a barbeque and make some s'mores. Your kids will love camping in the backyard.

Don't forget to write a Summer Bucket List – Let each child identify 10 things they want to do over the summer and make a master list of all of the things your family wants to do. Figure out how and when you might do these things and put them on the calendar.

Celebrate with an outdoor movie night – Bring the TV or computer outside and watch one of the classic movies about summer camp, summer vacation and

continued on page 24



WE'RE OPEN!

Call About Delivery or Curbside Pick-Up

Temporary Reduced Hours
Mon. to Sat. 9AM-7PM • Sun. 10AM-7PM

The Island's Largest Selection of Liquor & Cigars

Curated Selection of Wine & Beer



(239) 472-1682 • www.GrogShopSanibel.com

Bailey's Shopping Center

(next to Island Cinema • Corner of Periwinkle Way and Tarpon Bay Road)

Lighthouse Cafe

The World's Best Breakfast



WE'RE OPEN!

Serving Breakfast 7-3 & Lunch 11-3

TAKE OUT AND DELIVERY

Providing you with enhanced safety measures to safely bring you

"The World's Best Breakfast"

Call Ahead Seating

239.472.0303

362 PERIWINKLE WAY, SANIBEL | LIGHTHOUSECAFE.COM

Best Place To Be Stuck Is Here



Bay-View 2 Bedroom at Mariner Pointe
2nd floor, no upper neighbor, private canal-view entry deck, & updated interior including bamboo floors, remodeled kitchen & baths. \$499,000



Residential Lighthouse Point
Roomy 2nd floor 2 bedroom with den end-unit with 2 open terraces plus parking & storeroom below. Updated & furnished. \$599,000



Sandalfoot Income-Producer
Delightful 2nd floor end-unit 2 bedroom in on-site rental program with many years of successful rental history. \$699,000 furnished



Top-Floor End-Unit at Tarpon Beach
Extra natural light from side windows & high ceilings, plus new custom kitchen & bath. Cover parking plus 2 storerooms too. \$999,000



White Sands Beachfront Condo
Gulf-facing 2nd floor 2 bedroom plus den (3rd sleeping area). Beachy furnishings & plank-style tile floors. \$1,199,000 with rental bookings



3 Bedrooms in The Dunes
Convenient to club with golf/tennis, bay, & causeway. Private townhome half duplex in last building. Deeded beach access too. \$399,000



Private Tropical Sanibel Estates Home
At end of South Yachtsman cul-se-sac. With dock & overlooking intersecting canals. Easy-living floor plan & well maintained. \$799,000



Sanibel Harbours Home With Stunning Bay Views Plus Boat Basin Lot With Dock
Multi-level 4+bedroom (including both ground-level & upper master suites), 4-1/2 bath, with elevator, soaring ceilings, skylights, fireplaces, media room, 2 offices, gourmet kitchen & butler's pantry, new roof, 3-car garage, & bay-side pool. Recently updated inside & out, including landscaping. \$3,595,000



Sanibel Bayous Lot on Buck Key Rd
Build near-beach pool home here. Facing south, ~105' x 140'. Handy to Bowman's Beach, school, rec center, & refuge. \$149,000



Mid-Island Inland Island Woods Lot
Amid conservation land, this small community of olde-Florida-style homes with shared pool & tennis is just off Periwinkle Way. \$249,000


Sanibel
 REALTY ASSOCIATES *Susan*
888-603-0603
239-472-HOME (4663)
 2242 Periwinkle Way, #3
 More info & streaming videos at
SanibelSusan.com

Shells Found



Paula Dils and Kari Zureck photo provided

Paula Dils from Michigan and Kari Zureck from New York found two alphabet cones on the east end beach just a day apart.✱

Shell Found



Brody Hill photo provided

Brody Hill from South Bend, Indiana, found a horse conch in front of Kings Crown on West Gulf Drive on May 20. While on a beach walk with his family, Brody spotted part of the shell buried in the sand, then starting digging, only to be pleasantly surprised that it was still in tact.✱

From page 1

Sanibel Library

to wear masks, (except for children under age 2). Library staff is implementing safety and sanitation procedures consistent with the CDC and State of Florida Department of Health guidelines.

“People have been especially missing being able to wander through the shelves of more than 70,000 items to pick and choose books, movies and more. We appreciate everyone’s patience as we work to ensure service while maintaining safety for users and for staff,” said Sanibel Public Library Executive Director Margaret Mohundro. The eShelf and all online services will continue to be available 24/7. In-person programming like storytime is suspended for now. Meeting rooms and study rooms will remain closed.

Signs will be posted to remind everyone to practice social distancing, wash hands, stay home if sick, and use face masks. Patrons will have access to the full collection of books, movies, newspapers and puzzles, as well as high speed WiFi and public use computers.

Previously announced contact-free services and book returns will continue. “The contact-free curbside pickup has been very popular,” said Candy Heise, adult services coordinator. “We will continue to offer this service, with the same pickup times of weekdays from noon to 3 p.m.”

Mohundro said, “We are happy to be open, and for the safety of staff and patrons, we are asking everyone to wear masks while inside the building.”

At this time, there will not be overdue fines assessed for materials returned late. There are two book drops; one is outside of the west entrance of the library, the drive-up book drop is located in the second parking garage. The book drops allow patrons to return DVDs, magazines, books and any other library material at any time.

Sanibel Public Library invites families to register children online for the 2020 Summer Reading Program. This year’s theme is Imagine Your Story. Registration

for children of all ages, from babies to teens, starts Monday, June 1. Participants will receive a gift (quantities are limited).

“We hope children will sign up for a fun-filled summer reading program with a different look,” said Deanna Evans, youth service librarian. Weekly programs have moved online.

As in years past, children will read to earn books for their home library and for patients at Golisano Children’s Hospital of Southwest Florida. For every two hours of reading, the Sanibel Public Library Foundation matches each book “earned” with a book for patients at the hospital. Since its inception in 2012, participants have helped to contribute close to 10,000 books to the hospital. The program is funded in part by a grant from the Sanibel Public Library Foundation’s Joan Hunt Cory Children’s Fund.

Located at 770 Dunlop Road, the library is open from 9 a.m. to 8 p.m. Monday and Thursday, 9 a.m. to 5 p.m. Tuesday, Wednesday and Friday, and 9 a.m. to 1 p.m. on Saturdays in June, July and August.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. For more information, call 472-2483 or visit www.sanilib.org.✱

Top 10 Books On The Island

1. *On Ocean Boulevard* by Mary Alice Monroe
 2. *Walk the Wire* by David Baldacci
 3. *When All is Said* by Anne Griffin
 4. *Turn of the Key* by Ruth Ware
 5. *Splendid and the Vile* by Erik Larson
 6. *Guest Book* by Sarah Blake
 7. *Big Summer* by Jennifer Weiner
 8. *Little Fires Everywhere* by Celeste Ng
 9. *Circe* by Madeline Miller
 10. *High Tide Club* by Mary Kay Andrews
- Courtesy MacIntosh Books and Paper.✱

DECORATING DEN INTERIORS®

Window Treatments . Furniture . Flooring . Lighting . Accessories . Closets



Providing Custom Interiors to Sanibel & Captiva for 30 years
Complimentary In-Home Consultation



695 Tarpon Bay Rd. Sanibel, FL 33957 239.472.6551
www.coin.decoratingden.com

Insurance Solutions For Sanibel & Captiva



Rosier
INSURANCE

Wind • Flood • Home
Condo • Business
Auto • Boat

CONTACT US TODAY

472-1152

www.rosierinsurance.com

Rosier: The name that has been serving
Southwest Florida for over 65 years
1200 Periwinkle Way, Suite 2
Matzaluna Plaza • Sanibel Island



Angela Larson Roehl
alarson@rosierinsurance.com

LET US
HELP YOU
BUY & SELL
THESE FINE
PROPERTIES.



9036 MOCKINGBIRD LANE



THE DUNES

- Unmatched views, overlooking the lake & golf course
 - Vaulted ceilings, large open concept & amazing indoor/outdoor living
 - Large master suite, walk-in closet & spacious bath
- \$649,999**

13500 PALMFLOWER LANE

UNDER CONTRACT



CAPTIVA ISLAND RETREAT

- Incredible island getaway or Rental Investment
 - Beach Access, Beautiful Pool/Spa Lush Landscape
 - 2 Master Suites, Gulf Access Dock w/12K lbs. lift
- \$2,695,000**

1230 BAY DRIVE



SANIBEL HARBOR

- True "Old Fla" 3BR 2BA Perfect Island Dream Home
 - Deep Water Boating Access w/ Updated Pool and Deck
 - Amazing Views, Modern Finishes & Lush, Tropical Vegetation
- \$1,619,000**

2268 WULFERT ROAD



SANCTUARY CC SIGNATURE RESIDENCE

- 4BR, 5.5 BA 5368 SQFT w/ views of the Golf Course hole #12
 - Amazing great rm w/ soaring ceiling, 2 large master suite, large open kitchen, walk-in wine cellar
- \$1,995,000**

16221 - 16217 CAPTIVA DRIVE

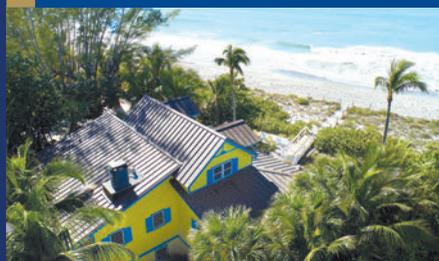
UNDER CONTRACT



2 ACRE ESTATE HOME ON ROOSEVELT CHANNEL

- 5-BR/5.5-BA Main House & 2-BR/2-BA Guesthouse
 - Office/Study, Elevator, Master w/ Sitting Rm, Formal Living & Dining Rms
 - Pool, Spa, Boat Lift & Dock W/ Bait Well & Cleaning Table
- \$4,389,000**

11555 WIGHTMAN LANE



CAPTIVA ISLAND BEACH HOME

- Gorgeous Sunsets, Walk to Shops & Dining
 - Beautifully Decorated, Fully Furnished
 - Floor-Ceiling Impact Windows, Copper Roof, Wood Floors
- \$3,849,000**

1226 ISABEL DRIVE

UNDER CONTRACT



BAY FRONT WITH BOAT DOCK

- Direct Bayfront Parcel w/Stunning Views
 - Beautiful Location Cleared w/Seawall
 - Option to Purchase Protected Boat Dock
- \$1,239,000**

15146 WILES DRIVE



CAPTIVA COTTAGE GETAWAY

- 2 BR, 2 BA, open floor plan, light & bright
 - Breathtaking sunsets from lanai
 - Great Rental income, Perfect Vacation Home
 - Your own piece of Paradise
- \$2,389,000**



McMURRAY & Members of **ROYAL SHELL**
Real Estate

FOR PROPERTIES OF PRESTIGE & PREFERENCE

McMurrayandMembers.com | Info@McMurrayandMembers.com | Mike McMurray: 239.850.7888

Follow us on Social Media at: @mcmurrayandmembers   

Rotary Happenings

submitted by Cindy Carter

It is extremely hard to believe that in today's day and age, with all the technology available, that there are still people who lack the fundamental property of clean water. The Sanibel-Captiva Rotary Club has been involved in clean water projects for quite some time, specifically in Haiti, a country that has seen more than its fair share of turmoil.



John Smarge photo provided with the associated health, community and economic benefits. The organization has on the ground operators using cell phones

This week's speaker was John Smarge, a member of The Rotary Club of Naples and co-chair of HANWASH, Haiti National Clean Water, Sanitation and Hygiene Strategy. HANWASH is committed to providing thoughtfully managed and sustainable clean water and sanitation to all the citizens of Haiti, along

to mark their coordinates on a GPS system, along with water testing to map the quality of water at that location. Over 40 percent of Haiti has been mapped, with an astounding amount of areas having no potable water. Little by little, Rotary and its partners are changing this.

Creating a shift in the culture of the people of Haiti has been determined to play as important a role in this process as creating the clean water kiosks. HANWASH also focuses on supporting a culture of social and financial buy-in from the local communes replacing the attitude of "aid funding." Aid funding, or charity, focuses on creating temporary fixes to the problems that exist within the country rather than building the necessary fundamental systems for the country to function. The end result of aid funding is this: A survey of 1,096 water kiosks and 2,266 water fountains by DINEPA, a Haitian group for clean water and sanitation, in 2013 showed that more than half of existing water kiosks are out of service and only 58.4 percent of existing water fountains inventoried are functional. Haiti Outreach in 2004 stated that over 40 percent of wells are non-functioning. A sustainable solution is needed for Haiti that can serve as a blueprint for other developing countries as well. Rotary partners with Pure Water for the World, DINEPA, Haiti Outreach, multiple corporate partners, Haiti supporters and other non-governmental organizations. HANWASH is a 12-year, multi-billion dollar endeavor to bring clean water to all the residents of Haiti.

Smarge served as president of The Rotary Club of Naples in 1992-93 and as District 6960 governor in 1995-96. He was a member of the Rotary International (RI) Board of Directors in 2010-12. Throughout his many years of Rotary involvement, he has been a member and chair of multiple RI committees. Smarge served as the aide to the 2018-19 RI president. Currently, Smarge is a member of the Shaping Rotary's Future Committee and will serve as the chairman of the 2022 RI Convention Committee (Houston, Texas). Smarge is a founding member of HANWASH.

The Sanibel-Captiva Rotary Club

normally meets at The Dunes Golf and Tennis Club on Friday mornings at 7 a.m. However, due to the COVID-19 crisis, we are meeting by Zoom meetings. Contact rotarycindyrcarter@gmail.com if you would like to be included.*

From page 20

School Smart

the last day of school. Make it an extra special event by setting up an ice cream bar with several ice cream flavors, and little bowls filled with favorite toppings like crushed Oreos, M&M's, fudge sauce, gummy bears and whipped cream.

Celebrate your child's achievement with a success poster, a sign, a PowerPoint or even a video - Highlight your child's accomplishments from their year at school and at home. It might include things like joined the computer club, met goals in speech therapy, improved grades in math and reading, made new friends, was on time for home-school at least once a week, no detention, learned how to pack your own lunch and a few other fun ones. Kids will have fun looking back and remembering what they have achieved in just one school year.

And finally, make sure to have your child write a thank you note or email to the teacher. If permitted, it would also be nice to drop off a small gift like some yummy jam or cookies to their home. E-learning has been difficult for teachers too. Before you decide on a gift, send an email to the teacher and ask if it would be alright to do so.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Savings Event

For A Limited Time, Enjoy Additional Savings on Select Tommy Bahama, Lexington and Barclay Butera Furniture!



Tommy Bahama
HOME



SANIBEL HOME FURNISHINGS SHF • CUSTOM INTERIOR DESIGN

**On Island Convenience! Avoid The Traffic!
Avoid The Crowds! Enjoy The Same Savings!**

1618 Periwinkle Way "Heart of the Island" Shops Sanibel 472-5552
Monday thru Friday 10 until 3 www.sanibelhomefurnishings.com

**We Are Following CDC Guidelines
Please Wear A Mask When Coming Into Our Store**

Sale Applies To New Orders Only And Cannot Be Applied To Previous Purchases. Exclusions Apply. Savings Off Our Already Low Price. Ends June 22.

Helping Build A Bridge To Financial Freedom



Zurbriggen Financial

Investment Management • Asset Protection
Wealth Transfer • Perpetual Income Strategies

Are you taking too much or not enough income from your portfolio for it to last your lifetime?

Call us for a Perpetual Income Analysis to find out today at 239-395-3520 or send us an email at Rick@ZurbriggenFinancial.net

www.ZurbriggenFinancial.net



RICK ZURBRIGGEN
Private Wealth Manager

Securities offered through Securities America, Inc., Member FINRA/SIPC Rick Zurbriggen, Registered Representative. Advisory services offered through Securities America Advisors, Inc., Rick Zurbriggen, Investment Advisor Representative. Zurbriggen Financial and the Securities America companies are not affiliated.

695 Tarpon Bay Rd., Suite 4 • Sanibel, FL • 239-395-3520

Superior Interiors

How Open Floor Plans Create A Livable Space



by Jeanie Tinch

Your home should be a place you can relax, where you can just throw all worries out the window and enjoy your own space. What better way to do so than with an open floor plan – a

kitchen table? These are questions you should be sure to answer, as they'll keep your home practical and transitional.

What is it that makes an open floor plan so cozy? Open floor plans are especially cozy because of the way that they tie together so many crucial areas of your home. This brings in more of a conversational environment, especially as the kitchen tends to be involved in every open floor plan setup. Since the kitchen tends to be the focal point of socialization in a home, combining it with a living or dining room (or both) helps to keep relaxation and comfort levels high.

*Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindceden.com.**

cozy, fun approach to setting up your living area. Unsure of the perks that it can bring to your home? Keep reading for some tips and insights into the world of open floor plans.

What is an open floor plan? A common misconception of an open floor plan is that the entire house is free of any walls but, in fact, you can actually make your space as open or as closed off as you'd like. Maybe you want to integrate your kitchen and your dining room, and maybe you're feeling extra social and want to throw the living room into the mix. With endless possible combinations, an open floor plan allows you to open up your space as much or as little as you'd like.

Okay, so what are the benefits of having an open space? The reasons here are plentiful. Having fewer walls and more combined rooms helps lead to a greater sense of community within the home, even if it's just amongst family members. It'll also make it much easier to keep an eye on any young kids or pets you might have running around the house, without confining them to one room.

How popular are open floor plans right now? Open floor plans have become much more common as of late, with their modern twist on home setup and abundance of benefits. The elimination of walls adds to a feeling of openness, allowing for more social interaction. Not to mention the fact that a small space can be made to feel much larger when the walls are taken out, giving you the opportunity to take advantage of all of your space.

What about furniture and decor? If you want your open floor plan to really work, you need to have a good strategy in terms of your furniture setup and your decor composition. Begin by tying your rooms together through color. Keeping one constant color scheme throughout your home will really help to bring your connected (but separate) rooms together. Try to incorporate some substantial furniture arrangements. By adding more furniture in a strategic way, you'll be able to bring your rooms together while still providing some substance. With this, keep your layout sensible by bringing in pieces that will add to overall functionality. Think about what you want to see from room to room. Do you want to be able to see your stove from your couch? Is the television visible from the

Nursing Facilities Earn Five Stars

The Centers for Medicare and Medicaid Services (CMS) released their 2020 Five-Star Quality Ratings, awarding Gulf Coast Medical Center Skilled Nursing, HealthPark Care & Rehabilitation Center and Lee Memorial Hospital Skilled Nursing with five stars. The scores reflect recent improvements undertaken by the Lee Health system to continue improving its quality of care for the Southwest Florida community.

"With nursing homes under scrutiny during the coronavirus pandemic, it's

good to have this recognition from CMS. Their star rankings are a gold standard of nursing home quality and safety, and we are honored to be recognized for the level of care we provide patients throughout Southwest Florida," said Larry Antonucci, MD, MBA, Lee Health president and CEO. "Thank you to all of the doctors, advanced providers, nurses and support staff for their commitment to providing compassionate, high quality and safe care in our nursing facilities."

CMS created the Five-Star Quality Rating System to help consumers, their families and caregivers compare nursing homes more easily. The scores are based on previously reported quality and safety data points including patient satisfaction,

continued on page 26

WE MAKE BANKING ABOUT YOU!

STANDING STRONG... *Together*



Lending Team – From left back row: Geoffrey Roepstorff, CEO; John Ammons, Vice President, Cleveland Avenue Office Manager; Liz Aurensan, Vice President, Lending; Robbie Roepstorff, President. From left middle row: Darrin Grotrian, Asst. Vice President, Lending, Sanibel-Captiva Asst. Office Manager; Kim Nyberg, Vice President, Professional & Executive Banking; Greg Blurton, Vice President, Sr. Commercial Loan Officer. From left front row: Leah Kirby, Vice President, River District Office Manager; Willy Ocasio, Vice President, Sanibel-Captiva Office Manager; Pam Edwards, Vice President, Lending.

Now more than ever, relationships matter.

As Lee County's oldest community bank, we've spent nearly 25 years building relationships with customers and giving back to our local community. During this time of uncertainty, we're working diligently to do our part, serving as the trusted and responsive banking partner that customers need and showing our heartfelt dedication to protecting and empowering those we hold dear. Discover the difference a local banking relationship can make at Bank of the Islands. We continue to stand strong together and make banking about YOU.



To learn more about our customer services and convenient locations, please visit Bankoftheislands.com or call 239.472.7211.

Will Power

How The Crusades Created Estate Planning



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

We take for granted that the tool of a revocable living trust is available to us. We can create a legal document where we usually name ourselves but may instead name a third party trustee to take care of our assets and possessions, yet the benefits of the trust remain ours, at least until our death.

This concept originated not as a separate area of the law, rather as a blend of English common law through the Court of Chancery, which was a court of equity (fairness) that followed a set of loose rules to avoid the slow pace of change and possible harshness (inequity) of English common law. The Chancery had

jurisdiction over all matters of equity, including the separate legal doctrines of trusts, land law, estate administration and guardianships.

Due to problems that arose, the law of trusts first developed in the 12th century from the time of the crusades under the jurisdiction of the king of England. The English common law developed from ancient Roman law which regarded property as an indivisible entity – whoever owned legal title owned all rights and privileges. Hence, one would simply convey land to another in full fee title.

When a landowner left England to fight in the Crusades, however, he would convey ownership of his lands in his absence to another to manage the estate and pay and receive feudal duties, with the understanding that the ownership would be conveyed back upon the crusader's return. Crusaders, however, often encountered a refusal to hand over the property upon their return.

The disgruntled Crusader would then petition the king, who would refer the matter to his Lord Chancellor. The Lord Chancellor could decide the case according to his conscience, determining what was "equitable" or "fair." Typically, the Lord Chancellor would consider it unconscionable that the legal owner could go back on his word and deny the claims of the Crusader. Therefore, he would find in favor of the returning Crusader.

Over time, it became known that the Lord Chancellor's court (Court of Chancery) would continually recognize the claim of a returning Crusader. The legal owner would hold the land for the benefit of the original owner, and would be compelled to convey it back to him when requested. The Crusader was the "beneficiary" and the named land title holder the "trustee." The term "use of land" was coined, and, in time, developed

into what we know now as a "trust."

In modern trust law, we can create both inter-vivos trusts during our lifetime as well as testamentary trusts that determine how property is invested, owned and distributed following our death. A trustee is not to be confused with the owner or the beneficiary, in that the trustee is responsible for carrying out the terms of the trust. He has a fiduciary duty to the beneficiaries of the trust to own, invest and deal with the property prudently. Should the trustee violate those duties, he can be held liable to the beneficiaries.

The "Settlor" or "Grantor" of the trust is the person who creates the terms of the trust, and conveys money, property or assets to the trust. With most modern revocable trusts, the Settlor also serves as trustee as long as he or she is willing and able to serve in that role. Today, typically the Settlor is also usually the only beneficiary of the trust. In these common situations, when the Settlor acts as grantor, trustee and beneficiary, it is indistinguishable to holding outright fee simple title in the assets and property. The reason for the creation of the revocable trust during the grantor's lifetime is to set the stage for an easy transition in the event of the grantor's disability or death.

Disability or death may occur suddenly, in which case a grantor would not have had the opportunity to select the trustee who he or she would want to act, and the terms under which the money, assets and property are to be invested, held and distributed. Hence, today's trusts are an extremely useful tool to ensure that your wishes are carried out.

As Paul Harvey would famously say, "And now you know the rest of the story."

©2020 Craig R. Hersch. Learn more at www.sbslaw.com.

From page 25

Five Stars

value and outcomes, among others.

"The five-star rating program has been a catalyst to further strengthen the quality of care offered at Lee Health. We are committed to being a national leader in the advancement of health and healing and will continue to use the CMS report to identify opportunities to build on our success," said David Cato, chief administrative officer of outpatient services for Lee Health. "We are grateful for the tireless work of our team and the exceptional care they provide patients every day."

The updated CMS rankings follow recent recognitions Lee Health has received for quality and safety. Last month, all four Lee Health adult acute care hospitals earned "A" ratings for safety from the Leapfrog Group for the third straight reporting period. The nonprofit Leapfrog Group releases its hospital safety grades twice a year, rating hospitals on 27 measures of safety data. Only 33 percent of the approximately 2,600 acute care hospitals Leapfrog graded received an "A."

Visit www.medicare.gov/hospitalcompare/About/Hospital-Info.html to learn more about CMS' star ratings.✪

How's The Market? Ask Ann

The Sanibel-Captiva MLS system continues to report new pending sales transactions, keeping in mind short-term vacation rentals are prohibited. Going back 7 days, 7 new contracts were negotiated. The listing prices ranged from \$439,000 for a small single family home in Sanibel Highlands to \$2,150,000 for a home in Gulf Ridge.

Going back 8 weeks, 38 pending contracts have occurred. We were fortunate and grateful to be involved in four of these transactions; 38 new sales during the heart of the pandemic!

What are the Buyers buying? Mostly single family residential homes, followed by condos with buyers who intend to use the property during the winter months. Weekly "rental" condos affected by the shutdown? Just 7 sales for rental condos.

Who is buying? Broadly speaking, folks between 50 and 80 who have vacationed on Sanibel for several years and want to enjoy the island lifestyle, small town, environmentally sensitive community, beaches, bike trails, great restaurants and a multitude of volunteer opportunities.

Is there a price range for these buyers? Average prices are slightly down; the lower priced homes seem to have the greatest demand (under \$500,000). Can a buyer get a "deal" because of the pandemic? My answer... Maybe, but act quickly if the listing is aggressively priced below current comparable sold properties. So far, I have not seen any Sellers "desperate to sell." However, I do believe some motivated sellers are out there and are willing to negotiate more than average on a cash offer and quick closing. If you fall into this category, Buyer or Seller, give me a call or email me with what you are looking to purchase or sell and I will respond to your request.

Another reason many people relocate to Florida is that it is a "tax friendly" state, meaning no state income tax, estate tax, inheritance tax or intangible tax, equating to an array of income tax savings. The Sanibel Captiva Trust Company is a wealth management firm providing a depth of knowledge on this subject, as well as investment and estate plan administration. Robin Cook, Executive Vice President of Wealth Services, holds frequent programs on "How to Establish Florida Domicile," helping new residents prepare for a bright future in the Sunshine State.



Ann Gee
Broker/Owner

John Gee
& Company

Certified Negotiation Expert • Certified International Property Specialist
239-850-0979 • RealtorAnn@hotmail.com • www.JohnGeeRealty.com

THE ONLY ISLAND-BASED AIR CONDITIONING COMPANY

Sanibel
AIR
AND ELECTRIC

ARE YOUR
HOME APPLIANCES
PROTECTED?

WHOLE HOUSE SURGE PROTECTION

Our highly trained and expert engineers will help protect your home and electrical appliances:

- Air Conditioners
- Home Security System
- TVs & Computers
- Household appliances
- Any items that use electrical outlets

CALL US TO SCHEDULE AN ESTIMATE TODAY!

(239) 395-COOL (2665)

24-Hour Service Line: 239-472-3033

Sanibel Air and Electric, Inc. | Family Owned & Operated

1213 Periwinkle Way | Sanibel, Florida 33957

www.SanibelAir.com • cooling@sanibelair.com



LIC # EC-0001761 LIC # CAC-057364

SanCap Bank STRONG

In good times and bad, you can count on us.
We're here for you.

Amidst the recent COVID-19 crisis, we have helped hundreds of Southwest Florida businesses, independent contractors, nonprofit organizations and residents. **Our team has secured more than 700 Small Business Administration Paycheck Protection Program loans totaling more than \$70 million for this community.**

Many of those loans helped our customers, but some also assisted local people who needed support when they couldn't find it elsewhere. And that is what Sanibel Captiva Community Bank is all about.

“ YOU TAKING THE TIME TO HELP ME AFTER LITTLE RESPONSE FROM ANOTHER BANK IS EXTRAORDINARY. ”

– Timothy Garmager, President
 Garmager Success Coaching

“ YOU ALL LITERALLY SAVED MY SMALL BUSINESS. ”

– Kate Sergeant, Owner
 On Island, Inc.



Sanibel  Captiva
COMMUNITY BANK

239-472-6100 | www.SanCapBank.com



NMLS #411904



Frankly Speaking

by Howard Prager



Open and shut. On and off. Start and finish. Before COVID-19, these seemed so simple, or were they?

In one case, I'm talking about the sports documentary *The Last Dance*,

adulation, fame, respect and people wanting to "be like Mike." At least be like Mike's persona, be the GOAT, do the impossible, and make it to the top as he repeatedly did with the Bulls, with North Carolina and with the Dream Teams in the Olympics.

The documentary leaves us wondering what if they had stayed together, could there have been a seventh ring? Why break up a team at its height? Hard to say. Were they done? Could they all have come back, or enough of them to four-pete? It's all conjecture. In life we often don't know when to stop and when to start or continue. For Michael Jordan and the Bulls, it was a storybook ending to finish on top. If the team or a core of them came back and didn't make it for a seventh ring, would that tarnish their image? If they did make it, would that add to the "legend" or make it even greater? We'll never know. Coaches and teams with long winning streaks – John Wooden at UCLA, the Boston Celtics, the New York Yankees, the New England Patriots – stand the test of time, even if they had a year or two in between winning. They aren't talked about as has-beens or could-haves, it's just the start and end of an era. What do you think?

What to do about professional and college sports? Do we open? How? What are the new rules for players, for practice, for teams and, for us, the fans? Is it the same for all? That's a good question as SEC teams get ready to begin practice in June. What does that mean now and what does that mean this

Michael Jordan and the Chicago Bulls' quest for a record sixth championship, a three-peat repeat, before breaking up of the team. In another sense, I'm talking about the opening up of sports.

A few thoughts about the documentary *The Last Dance* and what it takes to be a superstar. It doesn't look like being caring, compassionate and nice go along with drive, determination and passion to be the best. No question about Jordan being the greatest of all time (GOAT). Reliving his spectacular moves and efforts reminded me of how he kept going deeper even with the flu or ailments; his desire was so great to compete and win at the highest levels. This was especially true at playoff time when play is at a higher level, something superstars like Jordan live for and where he truly shined. Along the way, he didn't make many friends, especially with his teammates whom he pushed, insulted and trash-talked to. On the public stage, it was a different image – lots of global

fall? NBA at Disney – what does that mean and what will it look like?

We're starting to see games and competitions without fans, with new rules for the players to keep them safe as I wrote last week. Korean baseball, NASCAR, golf. We're living in a time when short-term is tomorrow and long-term is next week. SEC schools say now they will open with students in the fall. Notre Dame announced they are opening two weeks early, cancelling Fall Break and ending the semester before Thanksgiving. Not all campuses will open in the fall. California State universities will only be online. University of Illinois President Timothy Killeen wonders what will happen for them, as do many schools. "I think it's undoubtedly true that the sports events in the fall will not resume as normal, but we hope and are planning that they will resume at some point." *USA Today* estimated Power Five conference schools would lose an average of \$78 million, or more than 60 percent of their operating revenue if football is not played. But isn't that better than a loss of lives? How do you keep the players, the officials, the staff and the fans safe? The governors of some of our largest states, California, Texas, New York and Illinois said if sports opens up, they must do so without fans. Dr. Anthony Fauci said that, "Safety, for the players and for the fans trumps everything. If you can't guarantee safety, then unfortunately you're going to have

to bite the bullet and say, 'We may have to go without this sport for this season.'" He cited the ability to have broad access to testing that gets quick results as being one of the factors that must be in place. And Dr. Fauci added in his Senate testimony that sending students back to college campuses when there is no vaccine would be a "bridge too far."

The good news story of the day is about good news, and do we need it! Clint Hurdle, former MLB manager, started sending notes of inspiration to his staff 10 years ago when he managed the Rockies. After being fired from the Rockies in 2009, he stopped writing. A request from a Rockies staffer pleaded with him to restart them. After some thought, he continued and now has over 5,000 people he inspires on a daily basis from his home on Anna Maria Island near Bradenton. You can sign up at www.clinthurdle.com.

The Bulls stopping their dynasty. Schools, teams and athletes trying to decide when to start. A baseball manager continuing to inspire thousands. Stay safe readers and let there be a way for us to safely enjoy some of our favorite sports before too long.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.

SPORTS QUIZ

1. The 1963 San Francisco Giants had three outfielders who were brothers. Name them.
2. The Chicago Blackhawks' Bill Mosienko scored the fastest hat trick in NHL history during a 1952 game vs. the New York Rangers. How many seconds did it take him?
3. Baseball legend Sadaharu Oh spent his entire professional playing career (1959-80) with what Nippon Professional Baseball team?
4. This oceanic bird is often used as a symbol of frustration and guilt, but it's also the name of a very good 3-under-par hole score in golf. What is it?
5. What Winston-Salem State University basketball standout was selected by the Baltimore Bullets at No. 2 overall in the 1967 NBA Draft?
6. Quarterback Joe Montana won four Super Bowls during his career with the San Francisco 49ers (1979-92), but he played his final two NFL seasons with what team?
7. What California university's athletic teams are known as the Banana Slugs and have Sammy the Slug as their mascot?

ANSWERS

1. Felipe, Jesus and Matty Alou. 2. 21 seconds. Mosienko scored goals at 6:09, 6:20 and 6:30 into the 3rd period. 3. The Yomtiur Giants. 4. An albatross (aka "double eagle" in the U.S.). 5. Earl "The Pearl" Monroe. 6. The Kansas City Chiefs. 7. The University of California, Santa Cruz.

THE TRUSTED CHOICE IN AUTO REPAIR FOR SANIBEL & CAPTIVA

FREE Pick-Up & Delivery Options



TOUCH FREE SERVICE: Complete clean/disinfect before and after service.
COMMUNICATION VIA TEXT & EMAIL FOR PHOTOS & VIDEO TO CLIENT

Clean and Honest Car Service

Google rated: 4.8 ★★★★★
We service all makes and models, both foreign and domestic.
Highly trained, professional, caring staff.
3 year/ 36,000 mile nationwide warranty.
Same day service in most cases.

\$45 SPECIAL
Synthetic oil change
and tire rotation special*

* See Website for more details.
Limit one per customer, no cash value, cannot be combined with any other offer or discount.

State Of Florida MV# 97330

239-277-1004 • www.LegendaryFL.com

1921 Courtney Drive • Fort Myers, FL, 33901-9020

OPEN Mon - Fri 8am to 5:30pm • Sat 8am to 4pm • Sun Closed



Jesus Hernandez

LAWN CARE & TREE SERVICE

Good time to revitalize your landscaping

10% OFF
on New Landscaping Jobs

We honor 6 ft. social distance at all appointments.

Licensed & Insured • Free Estimates

239-482-7350 • Cell 239-872-9886

www.JesusLawnCare.com • JesusLawnCare@gmail.com



**Beautifulife:
Essential**

by Kay Casperson



There has been much talk in the last few months since the shutdown of our country about what essential businesses should stay open and what should not. Now, I am a believer that

everyone deserves to have an opinion about things and, of course, there is no shortage of people that want to voice that opinion either.

This has been a topic that went from fear and panic to anger and dismay pretty rapidly. As all of you know, this health crisis has taken a toll on many lives in all aspects, from physical and mental health to the economy and our thriving communities. What might be essential or non-essential to one person could very well be different from another.

There are the obvious businesses that people rely on every single day to survive like grocery stores, gas stations, banks and pharmacies. We all need to eat, drive, access funds and get medicine if needed. But what about the businesses and organizations that did not fall into the category of being essential or necessary?

I think we have to be careful about using those words loosely as it could actually offend someone or create a feeling of confusion or despair that one might not be needed, or the job they do is not important. I happen to believe that all businesses and organizations are essential. Every one of them took time, money and creativity to start. They fill a void, a purpose and those involved in each one of them have put their hearts and souls out there to bring it to the world. These businesses help us to live

our best and most beautiful life every single day.

I believe that restaurants are essential as they are a wonderful place for the community to meet up and gather with friends, family and acquaintances. I believe that churches are essential as they are a place to worship, where we can feel love, have hope, and be with fellow believers. I believe that spas and salons are essential as they are places where people go to get refreshed and to look and feel better. This is just a shortlist and there are many more to mention, but the point is, these businesses are essential in bringing energy, comfort, and balance to our lives.

There has been a need to regroup, slow the spread, flatten the curve and social distance while we grasped the big picture of what just hit us. But, regardless of what everyone else thinks is essential, let's try to remember and acknowledge that all businesses are essential and important. They are important to our communities, our economy, our overall health, wellness, peace of mind and fulfillment. I hope when you do get back out to support all those businesses and organizations that were so greatly impacted by this crisis, you take the time to tell them just how much you missed them and how important they are in your beautiful life every day.

My affirmation for you this week is: "I am thankful for all the businesses and organizations that I am blessed to be able to support and will take the time to let them know how important and essential they are to me."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.**

**Team Named
Global Real
Estate Advisors**

The Burns Family Team with Premier Sotheby's International Realty has been named Global Real Estate Advisors. Their efforts to build relationships with top producing agents in major feeder markets around the world, along with the global marketing program offered by their affiliation with the Sotheby's International Realty brand, have positioned them as one of the industry's leading marketers of local real estate. The Burns Family Team brings over 160 years of local real estate experience along with their international relationships to the table when assisting buyers and sellers of Southwest Florida real estate.

"The world and the real estate industry are constantly changing," said Jeff Burns. "Our commitment is to never stop growing or evolving our business to ensure our customers are receiving the best marketing possible. You never know where the next buyer is going to come from, which is why we are fostering a truly global marketing program."

The Burns Family Team's global marketing program is not just a slogan but has real world merit to back it up. Sotheby's International Realty is a global leader in luxury real estate. Its power lies in the ability to showcase extraordinary properties to targeted, affluent buyers around the world through an expansive



Burns Family Team photo provided

international network. The company has 970 affiliated offices in 72 countries with \$108 billion in global sales. The www.SothebysRealty.com website has 27 million visits annually and 53 percent of these visits are from outside the U.S.

"It's a different market than it was 20 years ago," Burns said. "The ability to grow, evolve and more importantly, add new and exciting facets to our marketing is extremely rewarding. From traditional to digital, and from local to global, we want to provide our clients with it all. At the end of the day, when we represent a property, it goes from Southwest Florida to around the world."*

**ARE YOU PREPARED?
GET YOUR FREE EMERGENCY
HEALTHCARE DOCUMENTS TODAY**

Serving Southwest Florida since 1924
www.floridaestateplanning.com/healthcare

Our Law Firm has been assisting Southwest Floridians for nearly a century. During this difficult time we're here for our community. Everyone should have proper legal documents should they need them. For your free Healthcare Surrogate and Living Will, visit the link above.



**SHEPPARD, BRETT, STEWART,
HERSCH, KINSEY & HILL, P.A.**
Attorneys at Law

Main/Mailing Office: 9100 College Pointe Court, Fort Myers
www.floridaestateplanning.com/healthcare

EVERYONE DESERVES A CLEAN POOL!

ISLAND CONDO MAINTENANCE

SERVING SANIBEL, CAPTIVA & FORT MYERS FOR 40 YEARS!
Commercial & Residential Pool Service and Repairs
Veteran Owned & Operated

FREE ESTIMATES!

CALL 239-472-4505
DEPENDABLE, FAST & RELIABLE

IslandCondo@comcast.net Monday-Friday 7am-4pm
www.icmpools.com 24 Hour Emergency Service Available

ISLAND CONDO MAINTENANCE
THE ONLY LAWN EQUIPMENT SALES & REPAIR SERVICE
LOCATED ON ISLAND AT 1205 PERIWINKLE WAY.

239-472-4505

STIHL CERTIFIED DEALER & WARRANTY REPAIR STATION
Pickup & Delivery Available
Friendly & Knowledgeable staff

ELITE SERVICE

 FRIDAY Mostly Cloudy High: 87 Low: 75	 SATURDAY Partly Cloudy High: 86 Low: 74	 SUNDAY Sunny High: 83 Low: 71	 MONDAY Mostly Cloudy High: 86 Low: 74	 TUESDAY Partly Cloudy High: 89 Low: 77	 WEDNESDAY Cloudy High: 86 Low: 74	 THURSDAY Cloudy High: 85 Low: 73
---	--	--	--	---	--	---

Redfish Pass Tides				
Day	High	Low	High	Low
Fri	9:25 am	1:11 am	6:20 pm	12:00 pm
Sat	9:46 am	2:07 am	7:58 pm	2:04 pm
Sun	10:10 am	2:58 am	9:39 pm	3:36 pm
Mon	10:35 am	3:44 am	11:09 pm	4:46 pm
Tue	11:01 am	4:24 am	None	5:45 pm
Wed	12:29 am	4:58 am	11:29 am	6:38 pm
Thu	1:42 am	5:27 am	12:00 pm	7:27 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	8:30 am	1:13 am	5:25 pm	12:02 pm
Sat	8:51 am	2:09 am	7:03 pm	2:06 pm
Sun	9:15 am	3:00 am	8:44 pm	3:38 pm
Mon	9:40 am	3:46 am	10:14 pm	4:48 pm
Tue	10:06 am	4:26 am	11:34 pm	5:47 pm
Wed	10:34 am	5:00 am	None	6:40 pm
Thu	12:47 am	5:29 am	11:05 am	7:29 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	8:01 am	1:20 am	6:38 pm	12:16 pm
Sat	8:42 am	2:20 am	8:11 pm	2:21 pm
Sun	9:19 am	3:10 am	9:26 pm	3:28 pm
Mon	9:56 am	3:54 am	10:42 pm	4:28 pm
Tue	10:33 am	4:36 am	11:55 pm	5:27 pm
Wed	11:14 am	5:21 am	None	6:24 pm
Thu	12:52 am	6:06 am	11:55 am	7:17 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	11:35 am	4:27 am	8:30 pm	3:16 pm
Sat	11:56 am	5:23 am	10:08 pm	5:20 pm
Sun	12:20 pm	6:14 am	11:49 pm	6:52 pm
Mon	12:45 pm	7:00 am	None	8:02 pm
Tue	1:19 am	7:40 am	1:11 pm	9:01 pm
Wed	2:39 am	8:14 am	1:39 pm	9:54 pm
Thu	3:52 am	8:43 am	2:10 pm	10:43 pm

My Stars ★★★★★

FOR WEEK OF MAY 25, 2020

Aries (March 21 to April 19) You might not like some people's idea of a surprise. But you could be in for a pleasant shock when someone finally sends a reply to a request you made so long ago that you almost forgot about it.

Taurus (April 20 to May 20) It's a time to expect the unexpected. So don't be surprised if a decision that just recently seemed final suddenly opens up and leaves you with another chance to make an important choice.

Gemini (May 21 to June 20) Taking a different tack on a work project might rattle some colleagues. But the positive results of your innovative course soon speak for themselves. Celebrate by doing something fun this weekend.

Cancer (June 21 to July 22) Meeting new associates can be awkward, even if you're in a high positive phase right now. Best advice: Make them feel comfortable, and you'll soon forget your own discomfort.

Leo (July 23 to August 22) It's a good time for you social Lions to blow-dry your manes, polish your claws and look like the Fabulous Felines you are as you make new friends and influence the influential.

Virgo (August 23 to September 22) Expectations run especially high this week, and you should feel confident in your abilities to take advantage of what might be offered. A colleague has some advice you might find helpful.

Libra (September 23 to October 22) A recent flurry of activity leaves you in need of a little breathing space, and you'd be wise to take it. Close family members should have an explanation about an emergency situation that just passed.

Scorpio (October 23 to November

21) An insensitive act makes a difficult situation more so. But try not to waste either your physical or emotional energies in anger. Move on and let others fill the clod in on the facts of life.

Sagittarius (November 22 to December 21) It's a good time to look into that training program or college course you've been considering. You might have a good place to use those sharpened skills sooner rather than later.

Capricorn (December 22 to January 19) Education dominates much of your aspect during this week. You might want to start checking out those summer session courses that could help advance your career plans.

Aquarius (January 20 to February 18) Progress often comes in fits and starts. But at least you're moving straight ahead with no backsliding. You should soon be able to pick up the pace and reach your goals in due time.

Pisces (February 19 to March 20) Be wary of a deal that gives confusing answers to your questions. Remember: It's always risky swimming in unknown waters, so you need all the help you can get to stay on course.

Born This Week: You have a way of bringing people together and creating close friendships wherever you go.

MOMENTS IN TIME

- On June 3, 1800, President John Adams becomes the first acting president to take up residence in Washington, DC. Unfortunately the White House was not yet finished, so Adams moved into temporary digs at Tunnicliffe's City Hotel near the also half-finished Capitol building.

- On June 6, 1833, in Maryland, President Andrew Jackson boards a Baltimore & Ohio Railroad steam train for a pleasure trip to Baltimore, becoming

the first president to take a ride on an *Iron Horse*. The B&O Railroad began operation in 1828 with horse-drawn cars.

- On June 1, 1926, Norma Jeane Mortenson – who would become known as the actress and sex symbol Marilyn Monroe – is born in Los Angeles. During World War II, a photographer "discovered" the photogenic Norma Jeane working in a California munitions factory.

- On June 2, 1935, baseball great Babe Ruth ends his Major League career after 22 seasons, 10 World Series and 714 home runs. The following year, Ruth was one of the first five players inducted into the sport's hall of fame.

- On June 5, 1949, bestselling thriller writer Ken Follett is born in Wales. After college he wrote a novel just for the \$400 advance, which he needed to fix his car. The book flopped, and after 10 more novels he finally broke through with *The Eye of the Needle* in 1979.

- On June 7, 1962, the banking institution Credit Suisse opens the first drive-through bank in Switzerland in downtown Zurich. After mounting problems with Zurich's downtown traffic led to fewer and fewer customers, the drive-thru was closed in 1983.

- On June 4, 1986, Jonathan Pollard pleads guilty to espionage for selling top-secret U.S. military intelligence information to Israel. The former Navy intelligence analyst sold enough classified documents to fill a medium-sized room. He was sentenced to life in prison.

NOW HERE'S A TIP

- "I found a small waste basket that fits right between the wall and my dryer. There's a gap that's about 8 inches wide. The lip of the basket keeps it from sliding down to the floor, so it's easy to clean out the lint trap and put the waste in

the basket. Also, I used a strip of hook-and-loop tape to attach a tissue holder box vertically to the wall. I stick a box of fabric softener sheets in it, and they, too, are right where I need them." – TK in Nevada

- "To keep the kitchen garbage can from smelling, I put spoiled food items in a bread bag, and then put it in the freezer until it's time for the garbage collector. I also have a friend with a compost bin, and I am doing the same with vegetables, fruit and peelings. I plan to bring the whole mess when I get to visit. The compost bin won't care if it's been defrosted!" – EL in Virginia

- "Place recipes inside of a plastic bag so that they can be handled while cooking, but not dirtied. This is especially necessary with heirloom recipes. For myself, I have made photocopies of recipes handed down from my grandmother, so the originals are safe in the cookbook. I like handwritten recipe cards because it's like the writer is there with you." – T in Ohio

- Clogged drain? Don't use chemicals. "If you do encounter a full clog, try hot water and baking soda first. If that doesn't work, try a mixture of baking soda and vinegar. Avoid plumbing snakes, which can scratch the interior of your pipes, and commercial chemical cleaners, which are caustic and a health hazard, even when used according to instructions." – Colepepper Plumbing in California

- To keep dirt from sticking to your dustpan, spray it lightly with furniture polish. Buff with a cloth so that it's not wet. Floor dirt will slide right off.

STRANGE BUT TRUE

- The first sunglasses were invented in 12th-century China and made from smoked quartz. While providing no

continued on page 38



"There's nothing better than living in shorts!"



CHUCK BERGSTROM
Island Resident Award Winning Realtor®
Direct: 239-209-6500

www.SanibelCaptivaRealEstateGuide.com

Re/Max of the Islands • 2400 Palm Ridge Rd. Sanibel • 11508 Andy Rosse Ln. Captiva



dearRPharmacist

How To Make Immune Cubes



by Suzy Cohen, RPh

Dear Readers:

As the weather warms, I find myself craving ice cubes in my water. I make what you might call “weird” ice cubes, sometimes they’re green. Sometimes they are the normal

whitish color, but they’ve been laced with astragalus or echinacea.

When my children were young, they didn’t notice what was going on, but they got immune cubes at times (usually in their smoothies). All soups were simmered with a piece of astragalus bark in the broth, along with the expected bay leaf. I’d take the astragalus bark out before serving them. I made some of their drinks and smoothies using coconut water, or bilberry-infused water. I’d put a dash of matcha powder in their cookie dough. Today, my adult children are tickled about my antics! They tease me that they knew what was going on... which is possible because they were always in the kitchen licking spoons and helping me pour flour out onto the floor, lol.

At this time, with COVID-19 still circulating, it’s important to protect your immune function as best you can. I also think it might be a fun afternoon project

with your kids. Use the ice cubes daily and put them in your individual glass, or in a pretty water dispenser for your counter. You can also use these ice cubes in your smoothies.

Green Tea Ice Cubes – This has caffeine. There are green tea bags available everywhere, as well as matcha powder. I usually use matcha because it’s stronger. You’re drinking crushed up leaves, not an extraction.

The antioxidants in green tea and matcha, especially epigallocatechin gallate (EGCG), chase down free radicals and help balance your cytokines so they are in healthier ratios. The FDA requires me to say that neither green tea or matcha powder (or supplements containing these ingredients) do not prevent, cure, or treat COVID-19, or any disease for that matter. This herb simply provides antioxidants which go after oxidants.

How to do it: Steep four green bags into four cups of hot water for about 5 minutes. Strain the infusion into your ice cube tray and freeze. You won’t even taste the green tea (which is a tad bitter if you over-steep it) in your glass of water. But it will provide powerful immune benefits. If you are using matcha, you can use a bamboo whisker or a metal whisker and stir two teaspoonfuls of matcha powder into four cups of hot water. Make sure it has all dissolved well or put it through a stainless steel strainer before pouring into your ice cube tray. Freeze it. It will probably stay good for about a month.

This confers powerful immune protection. In between the years of 1998 and 2009, a group of women were studied and those who drank green tea showed a 30 percent reduced risk of

getting breast cancer. And in another study of 49,000 men, they found that prostate cancer risk was cut virtually in half! I have a longer version of this article with other recipes using licorice root, astragalus, oranges and more. It’s available via email after you sign up for my newsletter at

www.suzycohen.com.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: Since I have been staying home during the pandemic, I have noticed I have low energy. It’s hard to be motivated.

How can I get my energy back?

A: It’s common for those who are staying home now to feel less productive. You might even be grieving the loss of your normal routine while experiencing a lack of direction and motivation. While it’s challenging to maintain healthy habits and adhere to a daily schedule, it is important to attempt to stick to a routine as much as you can.

It’s also easy to set these high expectations that you “should” be doing more that you are. Please know that it is normal to feel these ebbs and flows in your energy and motivation during these unpredictable times. The following suggestions may be of help to you to increase your motivation during this time:

1. Keep a routine – As mentioned above, having a routine will help you in several ways. If you can go to bed and get up at the same times, your circadian rhythm cycle will work best, and you will feel more balanced. What you want to avoid now is feeling out of sorts so check to see how your sleep cycle is working for you. When you stick to a routine, you have a better sense of being and staying in control.

2. Meditate – When you wake up in the morning, before you get out of bed, take a few deep breaths in and, as you exhale, just be here now. The moment of presence will keep you calm and full of gratitude for all you have. When you get up, you will feel a sense of taking control of your day. Get dressed and begin your day as if you were going into work.

3. Engage in physical activity – We need this more than ever now to help stick to the routine. Whether it’s a walk to begin your day, a yoga or Zumba class, begin with something physical. You will feel more energized and ready to be productive.

4. Mentally prepare – As you begin your work day, make sure you have a private work space. If you don’t have a home office, create a work space some where in your home that works for you for privacy. Be sure to take breaks just as if

continued on page 32



ISLAND LAW OFFICE OF
JANET M. STRICKLAND
P.A.

Wills, Trusts & Estate Planning
Probates & Estates

Member of The Real Property,
Probate & Trust Law Section of The Florida Bar
Lee County Bar Association.

AV Rated by Martindale-Hubbe
BBB Accredited Business Rated A+

30 Years Experience

(239).472.3322

Behind The Village Shops
2340 Periwinkle Way, Suite J-1, Sanibel FL 33957
www.jmnlawyer.com

YOUR NEUROLOGICAL SYMPTOMS MAY HAVE A STRUCTURAL CAUSE!

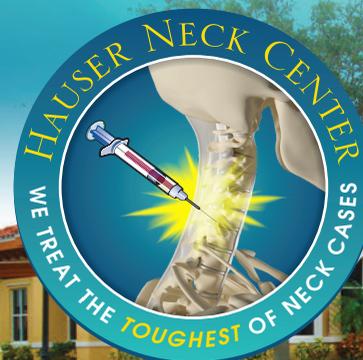
- Balance problems
- Blurred vision
- Dizziness / vertigo
- Fainting / drop attacks
- Swallowing or speaking difficulties
- Tinnitus or hearing problems
- Torticollis / cervical dystonia
- And many more!

The Hauser Neck Center at Caring Medical Florida specializes in unique, dynamic diagnostic tests that find what traditional MRI scans can miss, and Comprehensive H3 Prolotherapy to treat the underlying structural cause of chronic neck pain, migraines, and neurological symptoms.



Ross Hauser, MD

Learn more at **CaringMedical.com** and contact our team to review your case!



Hauser Neck Center
Caring Medical Florida
9738 Commerce Center Ct.
Fort Myers, FL 33908
(239) 308-4725
DrHauser@CaringMedical.com



HELPING THE WORLD SEE CERVICAL INSTABILITY WITH 2020 VISION!

REMOTE VIDEO AND ON-SITE SERVICES



Feel Well on Sanibel! MM#27832 PTH#13489



Consult and exercise remotely with your physical therapist or personal trainer from the comfort of your home, while maintaining social-distancing. In-clinic physical therapy with PPE also available.

SECURE, EASY,
VIDEO TELEHEALTH
THERAPY & FITNESS

239-395-5858 www.islandtherapycenter.com

Doctor and Dietician

Gardening Improves Health And Happiness



by Ross Hauser, MD and Marion Hauser, MS, RD

A recent article from BlueZones.com (lifestyles of those who live to be 100), discussed the many health benefits of gardening. Studies reveal that gardening could be the hobby that helps you live to be 100! Numerous studies also show that an outdoor-focused lifestyle, including moderate physical activity, greatly improves your overall health, improves mood and mental function, decreases stress, improves heart rate variability (HRV), and increases happiness. Gardening achieves these same things!

Gardening has been associated with higher levels of happiness like walking and bike riding, which we are also very blessed to be able to do here in Southwest Florida. We now see big cities working to become more sustainable, walk/bike-friendly and plant-focused to achieve what we may take for granted.

As weird as this may sound, gardening gives us something to take care of, to nurture and love. We are happy when we see our flowers blooming and our vegetables budding. Being able to look out at our yard or lanai to see these beautiful plants is very uplifting, and digging or walking in the dirt helps us feel more grounded.

An Australian research team found that people in their 60s who gardened regularly had a 36 percent lower risk of dementia than those who did not garden. This article stated that those

suffering from cognitive issues (such as Alzheimer's and dementia) report "benefits from garden settings and horticulture therapy. Sunlight and fresh air, for example, help agitated elders feel calmer, while the colors and textures of various plants and vegetables can improve visual and tactile ability."

Let's face it. We live in the tropics where plants grow like weeds! The key is to figure out the timing, soil and nutrients for your plants, but it can be done in Southwest Florida. We are still working on that exact balance, but we've had a great crop of tomatoes and herbs so far this spring. We also planted citrus, avocado, mango and banana trees, as well as peppers, ginger, onions and, of course, more tomatoes. We love planting succulents and have used the cuttings to grow many more plants, as well as plumeria, palms, olive trees, bougainvillea and a wide array of other tropical plants.

Nothing like digging in the dirt. Now get out there and get dirty! It is good for you!

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

From page 31

Dr. Connie

you would while at work.

5. Plan meals and other household chores – Whether you live alone or you are sharing your home with house mates or family members, to have some things planned is helpful.

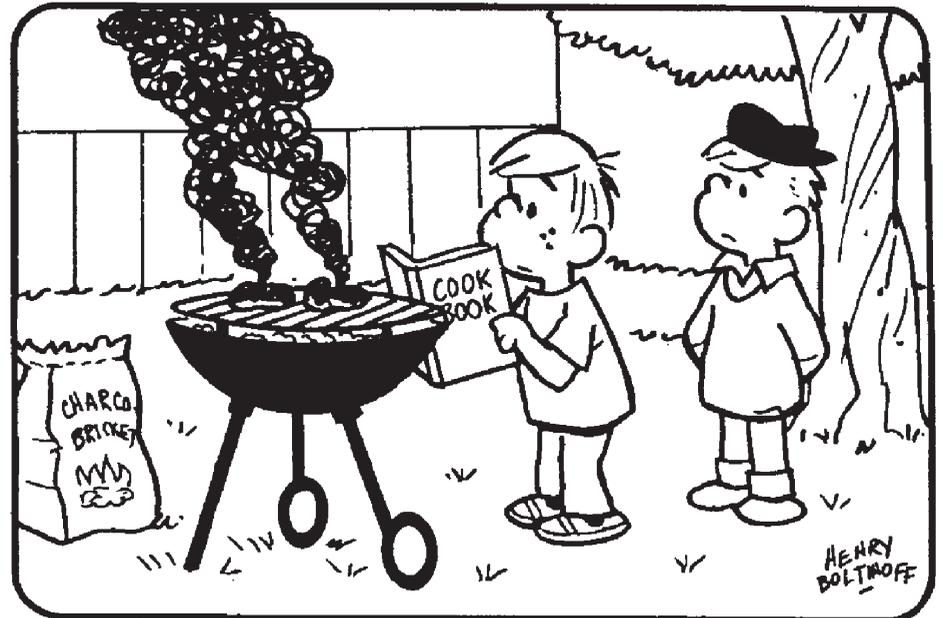
6. Play music – If you share a home, you may have to wear headphones, but music can be so helpful to just make your day go well, and you will feel good having a nice harmony to add to your day.

*Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.**

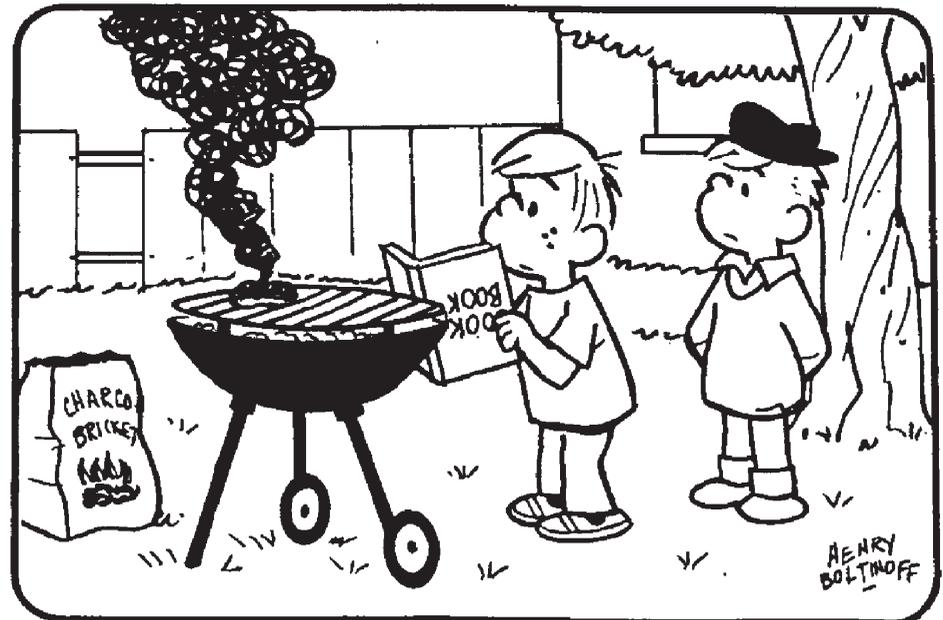
PUZZLES

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Fence slat is missing. 2. Window is added. 3. Book is upside down. 4. Steak is missing. 5. Charcoal bag is different. 6. Grill wheels are different.

Under New Ownership

Affordable ISLAND Irrigation

Get a Complete System Check Today!

- Routine System Checks
- Repair of Current System
- New Installations
- Water Audits & Leak Detection
- Residential or Commercial

239-738-9970

AffordableIslandIrrigation@gmail.com



ISLAND INSURANCE SERVICE



Mark O'Brien
Owner/Agent

Susan Barnes
Personal Lines

Trish Barbone
Agent

Justin Wheeler
Agent

Call our office today for a new Auto quote.

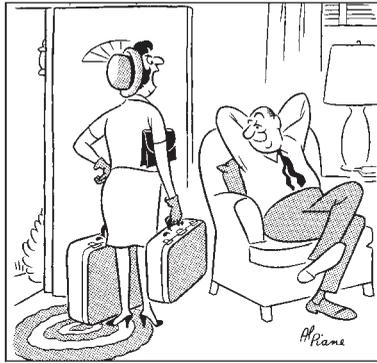
We are **HERE** for all your insurance needs

Have an insurance question?

703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022

PUZZLES

Answers on pages 38 and 39



"What are you looking so happy about? I'm just getting them _____."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Grain
BRIEF

Raid
DEVAIN

Leaf
PLATE

Relief
PRESITE

TODAY'S WORD

SUDOKU

1			7					2
	2		8			3		
		3			6		4	
		4		1				5
9			2			7		
	8				5		9	
5					7		2	
		9		4				8
	3		1				5	

To Play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.



NEWSPAPER
 Sanibel & Captiva Islands
CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743

ARTS

Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.org
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695

CLUBS & ORGANIZATIONS

ABWA - American Business Women's Assoc . . .	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL	https://www.audubonswfl.org/
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS - Protection of Animal Welfare Society	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
Shell Islands Garden Club	246-8875
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971

ISLAND ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandnews.com

PUZZLES

Answers on page 39

Super Crossword

SELF DESCRIPTIONS

- | | |
|---------------------------------------|--|
| ACROSS | DOWN |
| 1 Completed | 1 Credit's opposite |
| 4 Tea leaf readers, e.g. | 2 2011 hurricane |
| 9 Title for Macbeth | 3 Air current |
| 14 Places to pitch tents | 4 Safari sites |
| 19 Transgress | 5 Part of QED |
| 20 Bow go-with | 6 "Marty" star |
| 21 Dignity | 7 Sonata parts |
| 22 Largest city in Nebraska | 8 Exchanges |
| 23 Arthur of TV | 9 Hot cuisine |
| 24 White of TV | 10 Bigwig |
| 25 Writer Dillard | 11 Heat to prevent stress |
| 26 Prohibited acts | 12 In a racket-filled way |
| 27 Gougers charge them | 13 Prior to, in poems |
| 30 Warrants | 14 Pylon shape |
| 31 Sioux division | 15 Indifferent to ethics |
| 32 Just OK | 16 Capital of the Philippines |
| 33 Papa Doc's country | 17 Light particle |
| 35 First-aid flora | 18 Wised off to |
| 36 No-see-ums | 28 Corporate symbols |
| 38 Symptom of mumps | 29 Nun's beads |
| 41 Tumult | 30 Rapper Nicki |
| 44 Air safety gp. | 34 Driving range peg |
| 45 1492, e.g. | 37 Concert sites |
| 46 Pesto ingredient | 39 — -Mart |
| 51 Portable enplaning bridge | |
| 56 — Banos, California | 93 What a great ad campaign leads to |
| 57 All tangled up | 99 Plant pest |
| 58 Friable soil | 101 Grimm nasty |
| 61 — degree or another | 102 Pan-fry |
| 62 Arthur of tennis | 103 Lane of song |
| 64 Home of Iowa State | 105 Gymnast Comaneci |
| 65 Organisms of a region | 109 Encore-eliciting cries |
| 66 Chew the scenery | 114 Handle the party food |
| 67 Hand-softened "superfood" dish | 115 Lake — Vista, Florida |
| 71 "1492" director | 116 George who played Sulu |
| 73 Pierces | 117 Suffix with neat |
| 74 Condé — | 118 Love to bits |
| 75 Cyberjunk | 119 Scourges |
| 78 More ticked | 120 Sister of Fred Astaire |
| 79 A Great Lake | 121 Blasting aid |
| 80 Turns back to 000 | 122 Car rollers, in London |
| 82 Sci-fi hoverer | 123 Actor Gable |
| 83 Like paradise | 124 Jewish ritual meal |
| 85 Result of dropping a bushel, maybe | 125 Something associated with the first words of this puzzle's seven longest answers |
| 88 Plant "pet" | |
| 91 45s' relatives | |
| 92 Flimsy pancakes | |
| 40 Sister of Hansel | 77 Peat source |
| 41 Sch. near Beverly Hills | 80 Tries to shred |
| 42 Experts | 81 More elastic |
| 43 Mount with presidents' heads | 84 Fischer's skill |
| 44 Bone of the lower chest | 86 Suffix with glob or duct |
| 47 Bring harm to | 87 Apt rhyme for "treadle" |
| 48 Mendel of genetics | 89 Lupino of film |
| 49 Skater Kulik | 90 Like always |
| 50 Fonz's quality | 93 Lynx variety |
| 52 "Traffic" actor Milian | 94 "Hellcats" actress |
| 53 Fiber for newsprint | 95 Expert talker |
| 54 Wee colonist | 96 Intense |
| 55 "— -hawl" | 97 Goddess with an owl |
| 59 "Relax, GI!" | 98 Less fat |
| 60 Assembled as one body | 99 Chafe |
| 63 All gone, as dinner | 100 Snuck a look |
| 65 Bible divs. | 104 Test models |
| 68 Not lax at all | 106 "Purgatorio" poet |
| 69 Elk's kin | 107 "Of Thee —" |
| 70 Fasten | 108 Invite to join at |
| 71 Reno-to-Riverside dir. | 110 Mined finds |
| 72 Chowder fish | 112 Duty |
| 76 For — (not gratis) | 113 Editor's strike-out |
| | 115 Telly giant |

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	
19			20					21					22					
23			24					25					26					
27			28					29				30						
31				32				33			34		35					
			36		37			38	39				40					
41	42	43					44				45							
46					47	48			49	50		51		52	53	54	55	
56				57					58		59	60		61				
62			63		64				65					66				
		67		68				69					70					
71	72				73					74				75		76	77	
78					79				80					81		82		
83				84			85		86					87				
			88		89	90			91					92				
93	94	95	96					97	98				99	100				
101				102					103	104				105		106	107	108
109				110			111		112					113				
114					115					116						117		
118					119											121		
122					123											125		

King Crossword

1	2	3	4	5	6	7	8	9	10	11	
12				13					14		
15				16					17		
18							19	20			
			21			22	23				
24	25	26			27			28	29	30	
31					32				33		
34			35		36				37		
		38		39				40			
41	42						43		44	45	46
47					48	49	50				
51					52				53		
54					55					56	

ACROSS

1 Comes together
 5 Sail support
 9 Drenched
 12 Met melody
 13 From the beginning
 14 Wall crawler
 15 Voles
 17 Back talk
 18 Man's hat style
 19 Confound
 21 First word of "America"
 22 Gotham City super-villain
 24 Renown
 27 Standard
 28 Linger
 31 Chicken-king link
 32 Recede
 33 Mongrel
 34 Two-wheeler
 36 Ph. bk. listings
 37 Relinquish
 38 Occurrence
 40 Letter after lambda
 41 Discussion group
 43 Insect with pincers
 47 Hawaiian neckpiece
 48 Crockett and Tubbs' show
 51 Tolkien ogre

DOWN

1 Handled hook
 2 Great Lake
 3 Told a whopper
 4 Biblical dancer
 5 One of the Three Bears
 6 Blackbird
 7 Moment
 8 Make slight alterations
 9 Grain also called water oats
 10 Satan's forte
 11 Work at the keyboard
 16 Parched
 20 Society newbie
 22 Frilly blouse accessory
 23 Spheres
 24 "Great!"
 25 Clay, today
 26 "Stop fighting"
 27 Teller's partner

29 Flop
 30 Before
 35 Leading lady?
 37 Not straight
 39 "Wabbit" hunter
 40 — tai
 41 Walk wearily
 42 Prefix re planes
 43 Flightless flock
 44 — E. Coyote
 45 Warhead, briefly
 46 The Bee —
 49 Unfriendly
 50 Exist

MAGIC MAZE ● ELECTRONIC COMPONENTS

K A X V S Q O L C J H E R R C
 H A X V T R P R N R R L E J A
 H C F D B Y Y X O O O C M V N
 T R T P O S M T K T T K R I N
 G E D I T R A N S I S T O R E
 B Z X A W T I W F C I I F U T
 T R L Q S S L I O A R N S L N
 J L I O T G E I F P Y D N E A
 C A E A Y R X W O A H V A S R
 T H E D O I D S R C T P R U O
 R H N R O T S I M R E H T F L

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
 Unlisted clue hint: PROTECTS A CIRCUIT

Antenna	Diode	Resistor	Thyristor
Capacitor	Heat sink	Rheostat	Transformer
Coil	LED	Switch	Transistor
Crystal	Rectifier	Thermistor	

PROFESSIONAL DIRECTORY

NEW HOMES, REMODELING & ADDITIONS

KIRCHNER CONTRACTING INC.

- New Homes
- Consulting
- Remodeling
- Contracting

MATT KIRCHNER
CG-C059097
Mobile: 239-410-6932

P.O. Box 143 Sanibel Island, FL Phone: 239-472-2601 Fax: 239-472-6506

GENERAL CONTRACTOR

D. BROWN
GENERAL CONTRACTORS LLC

CGC1517615

BBB
A BBB Accredited Business with an +A Rating

New Construction & REMODELS

239-593-1998 | www.dbrowngc.com

CONSTRUCTION

BROTHERS, INC.

MILLS BROTHERS BUILDING CONTRACTORS
QUALITY, RELIABILITY, SATISFACTION

- Custom Home Building | Remodels
- Design Service Available • Sanibel Owned & Operated

Office Phone & Fax 239-472-6711 Joseph Mills Lic. #CBC058789 William Mills Lic. #CBC058788

POOL CLEANING, SERVICE & REPAIR

40 YEARS IN BUSINESS

Specialists In Residential & Commercial Pools
Fast, Reliable Service & Repair

- Next Day Installation of Equipment
- Retail Location off Periwinkle
- Free Estimates
- After Hours Emergency Service

ISLAND CONDO MAINTENANCE
Call Us Today
472-4505
Veteran Owned & Operated
CPC 1458912

ICMSanibel@yahoo.com www.ICMpools.com

LOCKSMITH

ISLAND LOCKSMITH
UNLOCKING PARADISE

Island Locksmith 2340 Periwinkle Way, J-3
Serving Sanibel & Captiva Behind Village Shops
Islands Since 1976 239-472-2394
"Veteran Owned & Operated" IslandLocksmith@yahoo.com
www.sanibelislandlocksmith.com

TRAVEL

DREAM TRAVEL
...on land and sea...

DANA PARISH
travel consultant
danatravel88@yahoo.com
239-898-0200

...dream your travel, travel your dream...

member Sanibel-Captiva Chamber of Commerce
affiliate Avoya Travel / American Express Travel Sanibel resident since 1987

BRICK PAVERS

Tim Smith
Brick Pavers, LLC

Lee County Lic. # IP06-00664 239-560-1199
Sanibel Lic. # S3-14729 timsmithbrickpavers@gmail.com

PLUMBER

WALKER PLUMBING

Plumbing repairs
Sewer and drain cleaning
Water heaters • Back flow
Sewer camera, jetting and repair

239-395-2689
Sanibel owned and operated Lic S1-18245

GLASS

Insured **PCT WinGuard** Licensed # S2-11975

Stevens & Sons Glass
Replacement Impact Windows & Sliding Doors,
Mirrors, Tub & Shower Enclosures, Store Fronts,
Porch Enclosures, French Doors, Plate Glass

Specialists in impact condo complex replacement

2416 Palm Ridge Road Phone: (239) 472-0032
Sanibel Island, FL 33957 Fax: (239) 472-0680

PAINTING

Residential & Commercial Painting

Barefoot Charley's

- Power Washing
- Wallpaper Hanging
- Faux Finishing
- Free Estimates
- Interior & Exterior
- Dependable
- Reliable
- Licensed & Insured

COLOR SCHEMES on request from Sanibel Home Furnishings Lic #S3-11944

395-3928 Cell: 841-4302
barefootcharley@aol.com

With your contract a donation to your favorite charity will be made.

POOL SERVICE & REPAIR

Deep-End Pool Service

25 years experience
License # CPC1457386

239-699-6279

- Pool Heater Specialist
- Sales Service & Installation of All Brands
- FREE Estimates

24/7 emergency repair service.
Free estimates for weekly service and repairs!

CONSTRUCTION

ULRICH BUILDING COMPANY

- New Construction
- Remodeling & Additions
- Kitchens & Bathrooms
- Windows & Doors
- Exterior Stairs & Decks
- Crown Moldings & Trim

Celebrating 11 Years on Sanibel
Sanibel Family Owned & Operated
Patrick & JoAnne Ulrich
239-896-7116
ulrichbuilding@gmail.com
#CRC1331575

PROFESSIONAL DIRECTORY

DESIGN, REMODELING AND CUSTOM HOMES



Artistic INTERIORS

"We don't just remodel, we create artwork"

CHRIS.ARTISTICINTERIORS@GMAIL.COM 239-989-6122
WWW.ARTISTIC-INTERIORS.COM Lic#RG291 103860, SI 16371

ROCK, MULCH, PLANTS



Gulf Coast Landscape Nursery & Supply

ROCK, MULCH, PLANTS

South Fort Myers

239-337-7256
gulfcoastlandscapenursery.com

BUILDING AND DESIGN



SCOTT BUILDING & DESIGN LLC
CBC-1261452

New Construction Decking Windows/Doors
Remodeling Trim Kitchens/Baths

Raye Scott (239) 410-3547 Peter Ifka (239) 464-4837
scottbuilt@hotmail.com

CUSTOM HOME BUILDER

Ph (239) 472-8446 Ron DeCorte
DeCorteFour.com #CBC058483



DeCorte Four
Custom Home Builders, Inc.

We do it all from repairing a door to adding a 2nd Floor
New Construction Too
P. O. Box 922 • Sanibel, FL 33957 • Fax (239) 472-8449

REALTOR



"When Only The Best Will Do!"



JOHN NAUMANN & ASSOCIATES
real estate
Est. 1975
www.alanfisher.jnarealestate.com

Alan B. Fisher
REALTOR®
c - 504-919-2770 alan131@icloud.com

1149 Periwinkle Way
Sanibel, FL 33957
o - 239-472-0176

WINDOW CLEANING



ISLAND VIEW WINDOW CLEANING

10831 Sunset Plaza Cir #107 Office: 239-313-7930
Fort Myers, FL 33908 Cell: 239-292-7033
service@islandviewclean.com Fax: 239-267-7855

HOME WATCH



Home Watch

Put my 40+ years of managing
Island properties to work for you!

Experience • Integrity • Reliable
Call Me!

239-472-6747

Paul H. Zimmerman, Broker
Gulf Beach Properties, Inc.



TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995



"Tell A Friend"

TREE WEST

• Tree Trimming • Tree Removal
• Stump Grinding

239-910-3256
info@treewestflorida.com
www.treewestflorida.com
P.O. Box 564, Sanibel, FL 33957
Licensed, insured, workers compensation

TRANSPORTATION

Call Madeline for Reservations



We're here if you need us!

Island Taxi
Serving Sanibel and Captiva
More Than a Ride!

AIRPORT & LOCAL SERVICE
www.IslandTaxi.com • ride@islandtaxi.com
239-472-4888



The New Math:
\$1 = \$8

That's right! The Harry Chapin Food Bank can find, rescue, transport and distribute \$8 of nutritious food for every \$1 you donate. This turns your \$20 gift into 80 meals for a family!

Thank you for your generosity!

Mail your tax-deductible donation to:
The Harry Chapin Food Bank
3760 Fowler Street, Fort Myers, FL 33901
Call (239) 334-7007 or donate online at:
harrychapinfoodbank.org




HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE
HOME WATCH • CLEANING SERVICE



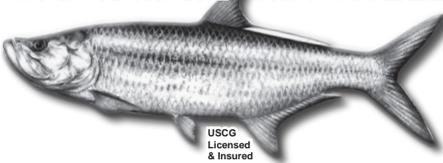
JUERGEN SCHREYER
OWNER

ISLAND HOME SERVICE
P.O. Box 1050 • SANIBEL • FLORIDA 33957
WWW.ISLANDHOMESERVICE.COM
INFO@ISLANDHOMESERVICE.COM
PHONE: (239) 472-5247 • CELL: (239) 229-6366

FISHING CHARTER

Light Tackle Sport Fishing
Tarpon • Snook • Redfish & More

CAPT. MATT MITCHELL



USCG
Licensed & Insured

C: (239) 340-8651
www.captmattmitchell.com
email: captmattmitchell@aol.com

CLEANING SERVICES



Professional Cleaning Services
Residential & Commercial
Construction Clean Up
Interior Windows
Home Watch

Jennifer Watson
(239) 810-6293
brightntidy@gmail.com
Licensed & Insured



OLCEC
CLEAR YOUR GEAR
IT CATCHES MORE THAN FISH

PROFESSIONAL DIRECTORY

TELEVISION

WOOSTER TV
SALES • SERVICE • RENTALS
 HDTV • VIDEO • DVD • COMPUTERS

Serving the Islands for Over 40 Years!

P.O. Box 1695 239.472.1133
 Sanibel, FL 33957 Mike (cell) 239-565-2875
 woostertv@comcast.net

ELECTRICAL

J.T.E. ELECTRIC
 SERVICE • RESIDENTIAL • COMMERCIAL • REMODEL

Brady J. Rees
 Generator and Service Expert
T | 239-368-9511
C | 239-980-1596

generator@jteelectricinc.com
 204-B Waldo Avenue,
 Lehigh Acres, FL 33971

BRIGGS & STRATTON
STANDBY POWER
 Authorized Dealer
 Lee, Collier, Hendry,
 Charlotte, Sarasota Counties
 Lic.# EC-13002460

CONSTRUCTION/REMODELING

COOPER
 CONSTRUCTION

Custom Homes & Remodeling Specialists
We can design, build and manage any endeavor you can dream up.

239.454.5699
 cooperconstruction@embarqmail.com
 Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

IMPACT WINDOWS & DOORS/GLASS

 **Windows Plus**
 "SWFL Window and Door Specialist"

Phone: 239-267-5858 Fax: 239-267-7855
 www.windowsplusllc.com
 10831 Sunset Plaza Circle, Unit 107 Fort Myers, FL 33908
 E-mail: office@windowsplusllc.com
 Lic. SCC 131151273

LANDSCAPE

Bonny's Blooming Gardens
239 822-1939
 For all your landscaping needs

Landscape Design and Installation
 Beautiful Palms and Tropicals
 Landscape and Lawn Maintenance
 Tree Trimming Services
 Mulch Application
 Property Clean up & more!

HOME WATCH

 **Sanibel Home Watch, LLC.**

PROFESSIONAL HOME WATCH SERVICE

Marco DuMont Owner
 (w) 239-410-7566
 marco@sanibelhomewatch.com
 www.sanibelhomewatch.com

TREE & LAWN CARE

 **ENVIROMOW**
 A Full Service Landscape Company

- Landscape Design, Install & Maintenance
- Tree Trimming by an ISA Certified Arborist
- Professional Irrigation Repair & Installation
- Licensed & Insured Home Watch Services
- Residential & Commercial

239-896-6789
 www.enviromow.net
 EnviroMow@outlook.com

AIR CONDITIONING

239-217-4111 www.AlliedAir.biz

ALLIED AIR SERVICES
 HEATING • VENTILATING • AIR CONDITIONING
Home of The Comfort Club!

Over 34 years of trusted experience
 10923 Kelly Rd, Ft. Myers, FL 33908

IRRIGATION

Under New Ownership

 **Affordable ISLAND Irrigation**
239-738-9970
 AffordableIslandIrrigation@gmail.com

Get a Complete System Check Today!
 • Routine System Checks
 • Repair of Current System
 • New Installations
 • Water Audits & Leak Detection
 • Residential or Commercial

PRESSURE WASHING

 **PROFESSIONAL PRESSURE WASHING**

Ask About Our **\$99.00** Specials!!

Owner **MATTHEW RYAN**
239 645-9834
 FREE ESTIMATES
 Quality Service Guaranteed • Licensed & Insured

HOME SERVICES

 **Your On-Island Home Service Company!**

PRICE MATCH GUARANTEE

 **ROOFING**
ELECTRIC
PLUMBING
REMODELS
SOLAR PANELS
AIR CONDITIONING
GENERAL CONTRACTOR

2244 PERIWINKLE WAY, SUITE 13, SANIBEL
 833-4-SANCAP • 833-472-6227

PAINTING

 **Ron's Painting LLC**
 QUALITY WITHOUT QUESTION
 OWNER DOES THE WORK
 SINCE 1986

SPECIALIZED SERVICES

- RESIDENTIAL AND COMMERCIAL
 - INTERIOR PAINTING
 - EXTERIOR PAINTING
- DECORATIVE FAUX FINISHING
 - PRESSURE CLEANING
- DESIGNER COLOR CONSULTATIONS
- CUSTOM CABINET PAINTING

239.275.0425
 www.RONSPAINTING.COM

COMPLIMENTARY ESTIMATES • INSURED
 LICENSE #PT000286 • CC44340 • SANIBEL 53-11844

RENTAL INCOME

Rental Properties Needed!!
 HOME ★ CONDO ★ DUPLEX
 Waiting List of Customers for Annual Rentals...
Steady Rental Income
 Put my 40 Years of Managing Privately Owned Island Properties to Work For You!
239-472-6747
Gulf Beach Properties, Inc. 
 Paul Zimmerman, Broker



Charley ID# A417857

Lee County Domestic Animal Services

Charley And Duncan

Lee County Domestic Animal Services adoption center has reopened by appointment only. Visit www.leelostpets.com to complete an online adoption application prior to calling 533-7387 to make an appointment. The center is open Monday through Friday from 10 a.m. to 4 p.m.

Hello, my name is Charley. I may be 13 years old, but I am a very young 13. I am a very large, agile, playful and overall great cat. I am currently in foster care, and



Duncan ID# A798672

my foster mom reports that I know my name and come when called. I love to use the cat door and lay out on the lanai or lay beside you for scratches. I eat a can of Friskies Treasures Prime Filets with extra gravy each morning and evening, and will remind you if you forget. All in all, I am a great cat and easy to fall in love with. If you would like to visit me, call 533-7387 to set up a time. My adoption fee is \$10.

Hi, I'm Duncan. I am a 1-year-old male pit bull mix that is a handsome young pup with eyes that will melt your heart. I am quite inquisitive and will tilt my head and turn my ears (and I have quite the set of ears) whenever I am curious about something. I love to play outside,

especially in the kiddie pools. An active family would be great. I am affectionately called the 'unicorn' as I will play with every pup I am placed with, and I seem to love everyone. My adoption fee is \$75.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit [Lee County Domestic Animal Services at www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.*

From page 30

Strange But True

protection against harmful UV rays, they did give some relief from the sun's glare and also served as a valuable tool for Chinese judges, allowing them to seem emotionally detached during interrogations.

- English Romantic poet Samuel Taylor Coleridge (1772-1834) is credited with the first printed use of the words "selfless," "psychosomatic," "bipolar" and "bisexual."

- A study by neurologists showed that some patients suffering from brain trauma and damage on the right-hand side of their brain have a compulsive obsession to tell jokes they find hilarious, while not finding other peoples' jokes funny at all.

- The hacker group Anonymous once sent thousands of all-black faxes to the Church of Scientology to deplete all of their ink cartridges.

- May 29 is officially "Put a Pillow on Your Fridge Day." This curious holiday derives from an old custom of placing a piece of cloth from one's bedroom in a place where food was kept, helping to ensure a supply of future plenty to the household.

- Sierra Leone is the world's roundest country and sits not too far from Egypt – the world's squarest country.

- Nearly three percent of the ice in Antarctic glaciers is composed of penguin urine. Due to the subzero temperature in that area, it can't evaporate.

- Think you hate going to the dentist? A 12-year-old French boy once faked his own kidnapping to get out of it! After being located in a village 100 miles from his home, the lad lied to police, even describing his kidnapper's distinctive cheek scar. Only after they had searched for a month and re-questioned him did the boy confess.

THOUGHT FOR THE DAY

"A clever person solves a problem. A wise person avoids it." – Albert Einstein

SCRAMBLERS

1. Fiber; 2. Invade;
3. Petal; 4. Respite

Today's Word
REPAIRED

CLASSIFIED

COMMERCIAL RENTAL

POPULAR RENTAL LOCATION ON SANIBEL



Call Judy at 239-851-4073.

6/21 * TFN

VACATION RENTAL

Island Vacations

Of Sanibel & Captiva
Million \$ Views Await You!

- Cottages • Condos • Homes • Miles of Beaches & Bike Paths

239-472-7277
1-888-451-7277

1/4 * TFN

SERVICES OFFERED

ENVIROMOW

A Full Service Landscape Co.

- Landscape Design, Install & Maintenance,
- Tree Trimming by a Licensed Arborist
- Professional Irrigation Repair
- Licensed & Insured Home Watch Service Residential & Commercial

239-896-6789

11/29 * TFN

SERVICES OFFERED

AL-ATEEN HELP LINE

Are you concerned with a friend or family member's drinking? Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org. Meetings are held every day in Lee and Hendry counties. Al-Ateen meetings are also offered for ages 8 to 18.

4/24 * TFN

Shore Fishing:



Don't Harm The Fish
by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.

PELICAN PLACE SHOPPING CENTER

Palm Ride Road on Sanibel
3 units available or combined 2,400 sq. ft. (2 at 700 sq. ft., 1 at 1,000 sq. ft.)
Call 703-593-7024

6/21 * TFN

EAST END ON CANAL GROUND LEVEL

3 BR, 2 BA, Sleeps 8
Large enclosed lanai and pool
Deep water access
Dog friendly
239-472-3458 or 319-651-9132
mknake@aol.com

1/31 * TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming
Weeding, Installation of Plants, Trees and Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com

1/25 * TFN

AUTO FOR SALE

MERCEDEZ E350

Beautiful 2010 Mercedes E350 Sedan, \$9,900. Metallic Silver 99k Miles. One Owner Lady Driven. Clean, Looks Great, No Accidents. Panoramic Sunroof.
239-357-1700

5/22 * 5/29

VACATION RENTAL



Cottages To Castles
Unique Vacation Rentals

2427 Periwinkle Way
Sanibel, FL 33957
Local: (239) 472-6385
Toll Free: (800) 472-5385
Fax: (239) 472-5858
www.cottages-to-castles.com

1/26 * TFN

ANNUAL RENTAL

CENTRAL SANIBEL

All utilities, wifi included, one bedroom, one bath, full kitchen, one car parking private unit.
Annual \$1,450/month. Call or text 239-472-5222

5/22 * TFN

ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc.
Call or text Roger 239-707-7203
State License #13002788

4/20 * TFN

To advertise in the
Island Sun
and
The River Weekly News
Call 395-1213

HELP WANTED

LIVE-IN PROPERTY MANAGER SOUGHT

A Captiva condominium association is searching for a property manager. Housing for up to two people will be provided, with a start date in July. Ideal candidate should be familiar with building, pool and landscape maintenance.
To apply, send resume to cappropmgr@gmail.com.

5/1 * TFN

TRIVIA TEST

- U.S. States:** Which of the 48 contiguous United States has the largest land area?
- Television:** What city does SpongeBob SquarePants live in?
- General Knowledge:** What color is cyan?
- Food & Drink:** In beer styles, what does the designation IPA mean?
- Geography:** Which two countries share the longest border?
- Animal Kingdom:** What is a group of squirrels called?
- Famous Quotations:** Which famous author once wrote, "As full of spirit as the month of May, and as gorgeous as the sun in Midsummer"?
- Movies:** In the 2020 movie, what is the real name of the superhero in *Black Widow*?
- Business:** Which animal is featured in the Porsche auto logo?
- History:** What was the name of the dog who was first to orbit the Earth in a space vehicle?

TRIVIA ANSWERS

- Texas
- Bikini Bottom
- Blue
- India
- The United States and Canada
- A scurry or dray
- William Shakespeare
- Natasha Romanoff
- A horse
- Laiika

HORTOONS



PUZZLE ANSWERS

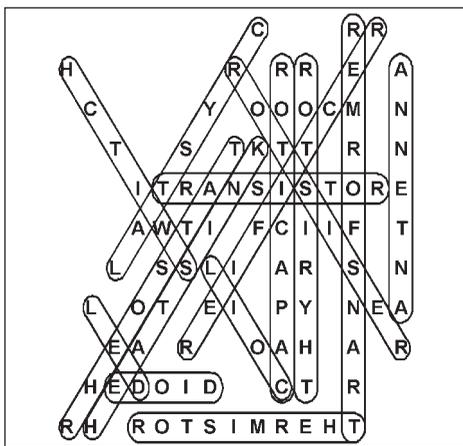
SUPER CROSSWORD

D	I	D	S	E	E	R	S	T	H	A	N	E	G	A	M	P	S		
E	R	R	A	R	R	O	W	H	O	N	O	R	O	M	A	H	A		
B	E	A	V	A	N	N	A	A	N	N	I	E	N	O	N	O	S		
I	N	F	L	A	T	E	D	P	R	I	C	E	S	M	E	R	I	T	S
T	E	T	O	N	S	O	S	O	H	A	I	T	I	A	L	O	E		
U	P	R	O	A	R	F	A	A	Y	E	A	R							
C	R	U	S	H	E	D	G	A	R	L	I	C	J	E	T	W	A	Y	
L	O	S	S	N	A	R	L	Y	L	O	A	M	T	O	O	N	E		
A	S	H	E	A	M	E	S	B	I	O	T	A	E	M	O	T	E		
M	A	S	S	A	G	E	D	K	A	L	E	S	A	L	A	D			
S	C	O	T	T	G	O	R	E	S	N	A	S	T	S	P	A	M		
S	O	R	E	R	E	R	I	E	R	E	S	E	T	S	U	F	O		
E	D	E	N	I	C	B	R	U	I	S	E	D	A	P	P	L	E	S	
B	O	O	S	T	E	D	S	A	L	E	S	A	P	H	I	D			
O	G	R	E	S	A	U	T	E	A	B	B	E	N	A	D	I	A		
B	R	A	V	O	S	S	H	A	T	T	E	R	E	D	G	L	A	S	
C	A	T	E	R	B	U	E	N	A	T	A	K	E	I	N	I	K		
A	D	O	R	E	B	A	N	E	S	A	D	E	L	E	T	N	T		
T	Y	R	E	S	C	L	A	R	K	S	E	D	E	R	E	G	O		

KING CROSSWORD

G	E	L	S	M	A	S	T	W	E	T									
A	R	I	A	A	N	E	W	I	V	Y									
F	I	E	L	D	M	I	C	E	L	I	P								
F	E	D	O	R	A	A	D	D	L	E									
				M	Y	J	O	K	E	R									
F	A	M	E	P	A	R	B	I	D	E									
A	L	A	E	B	B	C	U	R											
B	I	K	E	N	O	S	C	E	D	E									
			E	V	E	N	T	M	U										
P	A	N	E	L	E	A	R	W	I	G									
L	E	I	M	I	A	M	I	V	I	C	E								
O	R	C	E	C	R	U	E	L	B	E									
D	O	E	R	Y	E	S	D	E	M	S									

MAGIC MAZE



SUDOKU

1	9	6	4	7	3	8	5	2
4	2	7	8	5	1	3	6	9
8	5	3	9	2	6	1	4	7
3	7	4	6	1	9	2	8	5
9	6	5	2	8	4	7	1	3
2	8	1	7	3	5	4	9	6
5	4	8	3	6	7	9	2	1
7	1	9	5	4	2	6	3	8
6	3	2	1	9	8	5	7	4

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Castelli	Miromar Lakes	2007	6,288	\$3,745,000	\$3,550,000	93
Fort Myers	Fort Myers	2005	5,102	\$2,289,000	\$2,100,000	325
Vittoria	Fort Myers	2007	5,151	\$999,000	\$950,000	239
Castaway Estates	Sanibel	1983	1,508	\$995,000	\$925,000	523
Glenview	Fort Myers Beach	1959	2,229	\$895,000	\$880,000	5
Grande Estates	Estero	2007	3,235	\$887,000	\$840,000	38
Avallone	Bonita Springs	2014	2,774	\$849,000	\$835,000	317
Briarcliff	Fort Myers	1981	2,931	\$830,000	\$830,000	2
San Carlos Estates	Bonita Springs	2015	3,153	\$765,000	\$735,000	36
Cape Coral	Cape Coral	1988	3,187	\$749,000	\$700,000	78

DOC FORD'S RUM BAR & GRILLE

Randy Wayne White ©

WE'RE BACK!

We're implementing our **Enhanced Safety Measures** that you'll notice when you get inside.

Thank you for trusting in us to provide you with a great experience & some sense of normalcy.



Sanibel • Captiva • Ft. Myers Beach • Downtown St. Pete (Coming Soon)



WWW.DOCFORDS.COM

THE ORIGINAL
YUCATAN SHRIMP!

Visit Our Sister Locations on Ft. Myers Beach
The Dixie Fish Co. & The Whale

